

Top 10 eindstanden cadetten - scholieren - juniors
Outdoor 2006
(Alle Categorieën zie mannen outdoor 2006 en vrouwen outdoor 2006)

Fouten in namen, categorieën e.d. die hierin geslopen zijn via het prestatiebestand kunnen gemeld worden bij nicole@val.be

MANNEN

juniors

100 METER

| | | | |
|----|-------------------|------|-------|
| 1 | MATTHYS Arnout | VOLH | 10"77 |
| 2 | BORLEE Kevin | WS | 10"79 |
| 3 | BORLEE Jonathan | WS | 10"92 |
| 4 | DESTATTE Arnaud | RCB | 10"96 |
| 5 | WITTESAELE Tom | HCO | 10"98 |
| 6 | VERCAMMEN Kristof | LIER | 10"99 |
| 7 | BEER Beydi | RCB | 11"05 |
| 8 | GHISLAIN Arnaud | UAFA | 11"06 |
| 9 | VERRIEST Jens | KAAG | 11"07 |
| 10 | SOLOT Jeremy | SMAC | 11"12 |
| 10 | GILLET Antoine | BBS | 11"12 |

200 METER

| | | | |
|----|-------------------|------|-------|
| 1 | BORLEE Jonathan | WS | 21"08 |
| 2 | MATTHYS Arnout | VOLH | 21"19 |
| 3 | BORLEE Kevin | WS | 21"43 |
| 4 | GHISLAIN Arnaud | UAFA | 21"99 |
| 5 | DESTATTE Arnaud | RCB | 22"05 |
| 6 | VERRIEST Jens | KAAG | 22"11 |
| 7 | GILLET Antoine | BBS | 22"12 |
| 8 | HERREMAN Lars | KKS | 22"17 |
| 9 | VERCAMMEN Kristof | LIER | 22"26 |
| 10 | BEER Beydi | RCB | 22"34 |

300 METER

| | | | |
|----|-------------------|------|-------|
| 1 | BORLEE Kevin | WS | 33"34 |
| 2 | BORLEE Jonathan | WS | 33"49 |
| 3 | GHISLAIN Arnaud | UAFA | 33"72 |
| 4 | GILLET Antoine | BBS | 34"21 |
| 5 | DESTATTE Arnaud | RCB | 34"40 |
| 6 | ABRIGHACH Malik | WS | 35"46 |
| 7 | VERCAMMEN Kristof | LIER | 35"55 |
| 8 | KHATRI Zakaria | DACM | 35"56 |
| 9 | DOCQUIER Ruben | LIER | 35"83 |
| 10 | VANMULDER Robbe | DAC | 36"14 |

400 METER

| | | | |
|----|----------------------|------|-------|
| 1 | BORLEE Jonathan | WS | 46"06 |
| 2 | BORLEE Kevin | WS | 46"63 |
| 3 | GILLET Antoine | BBS | 47"05 |
| 4 | GHISLAIN Arnaud | UAFA | 47"27 |
| 5 | DESTATTE Arnaud | RCB | 47"81 |
| 6 | ABRIGHACH Malik | WS | 49"56 |
| 7 | VANRYCKEGHEM Vincent | LYRA | 49"61 |
| 8 | DOCQUIER Ruben | LIER | 49"70 |
| 9 | LIEVENS Kevin | VS | 49"87 |
| 10 | HENNEQUART Marc | OSGA | 49"99 |

800 METER

| | | | |
|---|--------------|------|---------|
| 1 | DIERCKX Toon | LIER | 1'51"09 |
|---|--------------|------|---------|

| | | | |
|----|----------------------|------|---------|
| 2 | RUELL Kim | DCLA | 1'53"20 |
| 3 | VANDENABEELE Thibaut | CABW | 1'53"35 |
| 4 | DE VOLDER Pieter | DCLA | 1'54"34 |
| 5 | VAN AELST Stefan | ACBR | 1'54"37 |
| 6 | PICCAVET Niels | FLAC | 1'54"43 |
| 7 | LAERTE Kevin | DUFF | 1'54"52 |
| 8 | DE VEYLDER Koen | EA | 1'54"82 |
| 9 | LONGERICH Ricardo | MALM | 1'55"75 |
| 10 | GHISLAIN Arnaud | UAFA | 1'56"07 |

1000 METER

| | | | |
|----|----------------------|------|---------|
| 1 | DIERCKX Toon | LIER | 2'27"04 |
| 2 | LONGERICH Ricardo | MALM | 2'27"26 |
| 3 | RUELL Kim | DCLA | 2'27"64 |
| 4 | DE VEYLDER Koen | EA | 2'28"90 |
| 5 | LAERTE Kevin | DUFF | 2'29"12 |
| 6 | VAN AELST Stefan | ACBR | 2'29"63 |
| 7 | VANDENABEELE Thibaut | CABW | 2'30"01 |
| 8 | SLACHMUYLDERS Niels | OPW | 2'32"34 |
| 9 | DONNE Thomas | AVT | 2'32"38 |
| 10 | BONG Bernard | HF | 2'32"64 |

1500 METER

| | | | |
|----|--------------------------|------|---------|
| 1 | TASAMA FAISA Dame* | RFCL | 3'42"73 |
| 2 | LONGERICH Ricardo | MALM | 3'45"40 |
| 3 | RUELL Kim | DCLA | 3'45"60 |
| 4 | VANDENABEELE Thibaut | CABW | 3'49"66 |
| 5 | YESHETELA BEKELE Atelaw* | AVZK | 3'54"58 |
| 6 | DE VEYLDER Koen | EA | 3'55"87 |
| 7 | DE VLEESCHAUWER Berten | AVLO | 3'58"00 |
| 8 | DE KERPEL Wesley | AVZK | 3'58"84 |
| 9 | DE WULF Pieter | RIEM | 3'58"90 |
| 10 | PICCAVET Niels | FLAC | 4'00"09 |

MIJL

| | | | |
|----|----------------------|------|---------|
| 1 | TASAMA FAISA Dameø | RFCL | 4'02"90 |
| 2 | RUELL Kim | DCLA | 4'07"13 |
| 3 | VANDENABEELE Thibaut | CABW | 4'14"16 |
| 4 | DE KERPEL Wesley | AVZK | 4'23"33 |
| 5 | VANDEVELDE Ruben | FLAC | 4'23"72 |
| 6 | CALLEWAERT Thomas | FLAC | 4'26"62 |
| 7 | EURLINGS Robin | ATLA | 4'26"89 |
| 8 | DETRIXHE Michael | ACO | 4'31"29 |
| 9 | CORDARO Liborio | DS | 4'33"52 |
| 10 | DE SCHRYVER Davy | ZELE | 4'35"02 |

2 MIJL

| | | | |
|---|--------------------|------|----------|
| 1 | SEDEYN Koen | KAAG | 09'35"78 |
| 2 | MICHIELS Bralt | SPBO | 09'45"66 |
| 3 | BOULA Farid | ARCH | 09'54"37 |
| 4 | BUYLE Marco | VS | 10'19"08 |
| 5 | CORNELIS Tom | EA | 10'21"18 |
| 6 | PELEMAN Christophe | HAMM | 10'24"31 |
| 7 | GEERTS Kim | VS | 10'33"51 |

| | | | |
|----|-------------------|------|----------|
| 8 | DE DUITSCHÉ Jan | STAX | 10'37"08 |
| 9 | ROELANDT Ivo | ACME | 10'39"78 |
| 10 | VAN PETEGHEM Stef | AVLO | 10'45"29 |

| | | | |
|---|------------|------|-------|
| 5 | MEGENS Jef | ARAC | 30"90 |
|---|------------|------|-------|

2000 METER

| | | | |
|----|--------------------|------|---------|
| 1 | DE WULF Pieter | RIEM | 5'32"78 |
| 2 | BASEMANS Michel* | DCLA | 5'35"08 |
| 3 | MERVEILLE Benjamin | CSF | 5'39"76 |
| 4 | LONGERICH Ricardo | MALM | 5'40"82 |
| 5 | VERSPREET Joran | ROBA | 5'51"4 |
| 6 | MICHIELS Bralt | SPBO | 5'53"88 |
| 7 | D'HEER Hannes | ZELE | 5'56"56 |
| 8 | CASTEUR Pieter | AZW | 5'59"34 |
| 9 | MATHY Axel | USTA | 5'59"86 |
| 10 | STEFFENS Thomas | ROBA | 5'59"9 |

3000 METER

| | | | |
|----|--------------------------|------|----------|
| 1 | TASAMA FAISA Dame* | RFCL | 08'05"34 |
| 2 | TORFS Sanne | DUFF | 08'22"86 |
| 3 | YESHETELA BEKELE Atelaw* | AVZK | 08'22"87 |
| 4 | BONG Bernard | HF | 08'28"01 |
| 5 | DE WULF Pieter | RIEM | 08'35"20 |
| 6 | VANDEVELDE Ruben | FLAC | 08'40"01 |
| 7 | DE KERPEL Wesley | AVZK | 08'41"4 |
| 8 | SEDEYN Koen | KAAG | 08'42"83 |
| 9 | BASEMANS Michel* | DCLA | 08'45"7 |
| 10 | ALLEMAN Tim | HCO | 08'49"60 |

5000 METER

| | | | |
|----|--------------------------|------|----------|
| 1 | TASAMA FAISA Dame* | RFCL | 13'47"03 |
| 2 | YESHETELA BEKELE Atelaw* | AVZK | 14'17"63 |
| 3 | BONG Bernard | HF | 14'44"33 |
| 4 | TORFS Sanne | DUFF | 14'49"56 |
| 5 | VANDEVELDE Ruben | FLAC | 15'07"00 |
| 6 | SEDEYN Koen | KAAG | 15'11"44 |
| 7 | BOULA Farid | ARCH | 15'15"3 |
| 8 | BASEMANS Michel* | DCLA | 15'17"78 |
| 9 | DE KERPEL Wesley | AVZK | 15'17"89 |
| 10 | CORDARO Liborio | DS | 15'28"14 |

10.000 METER

| | | | |
|----|--------------------------|------|----------|
| 1 | YESHETELA BEKELE Atelaw* | AVZK | 30'38"83 |
| 2 | BOULA Farid | ARCH | 32'41"36 |
| 3 | DE VLEESCHAUWER Berten | AVLO | 33'16"23 |
| 4 | MICHOTTE Vincent | WS | 34'03"43 |
| 5 | PONCELET Julien | USBW | 34'08"70 |
| 6 | VAN SCHUERBEECK Sander | VAC | 34'12"68 |
| 7 | DE BUYSER Matthias | VAC | 35'27"67 |
| 8 | VAN PETEGHEM Stef | AVLO | 35'58"44 |
| 9 | DE DUITSCHÉ Jan | STAX | 36'26"36 |
| 10 | SMEETS Roel | SACN | 37'36"27 |

UURLOOP

| | | | |
|---|--------------|------|---------|
| 1 | DUSART Arno | ACHL | 14.700m |
| 2 | ROLLIER Sven | SPVI | 12.400m |

200M HORDEN 0,762M/10H (demo)

| | | | |
|---|------------------|------|-------|
| 1 | CANNAERT Franck | AVMO | 26"65 |
| 2 | HOET Niels | FLAC | 28"24 |
| 3 | VAN TRICHT Kevin | CSF | 28"26 |
| 4 | ARGOS Simon | DCLA | 29"10 |

110M HORDEN 1,000M/10H

| | | | |
|----|-----------------------|------|-------|
| 1 | VANRYCKEGHEM Vincent | LYRA | 14"31 |
| 2 | SOLOT Jeremy | SMAC | 14"58 |
| 3 | VERMEULEN Sander | RCG | 14"80 |
| 4 | PEETERS Tom | DAC | 14"83 |
| 5 | SEUTIN Yves | LYRA | 14"89 |
| 6 | GOOSSENS Denis | VAC | 15"13 |
| 7 | CARTON DELCOURT Bruno | ACLE | 15"30 |
| 8 | CANNAERT Franck | AVMO | 15"39 |
| 9 | KABERUKA Michael | DAC | 15"89 |
| 10 | CHALON Xavier | DAMP | 15"92 |

110M HORDEN 1,067M/10H

| | | | |
|----|-----------------------|------|-------|
| 1 | SOLOT Jeremy | SMAC | 14"57 |
| 2 | VANRYCKEGHEM Vincent | LYRA | 14"65 |
| 3 | VERMEULEN Sander | RCG | 14"94 |
| 4 | PEETERS Tom | DAC | 15"27 |
| 5 | CARTON DELCOURT Bruno | ACLE | 15"37 |
| 6 | SEUTIN Yves | LYRA | 15"40 |
| 7 | ABRIGHACH Malik | WS | 15"85 |
| 8 | DE HOUCK Simon | JSMC | 16"05 |
| 9 | DEBUE Jeroen | AVLO | 16"10 |
| 10 | CHALON Xavier | DAMP | 16"26 |

400M HORDEN 0,914M/10H

| | | | |
|----|----------------------|------|-------|
| 1 | VANRYCKEGHEM Vincent | LYRA | 52"70 |
| 2 | ABRIGHACH Malik | WS | 53"21 |
| 3 | DEBUE Jeroen | AVLO | 54"48 |
| 4 | PLOVIE Wouter | HALE | 55"70 |
| 5 | GILLET Antoine | BBS | 55"73 |
| 6 | LIEVENS Kevin | VS | 56"00 |
| 7 | HOET Niels | FLAC | 56"20 |
| 8 | GOULEM Yann | JSMC | 56"89 |
| 9 | DOCQUIER Ruben | LIER | 57"27 |
| 10 | CANNAERT Franck | AVMO | 58"04 |

2000M STEEPLE 0,914M

| | | | |
|---|------------------------|------|----------|
| 1 | MERVEILLE Benjamin | CSF | 06'14"15 |
| 2 | MICHIELS Bralt | SPBO | 06'15"95 |
| 3 | MISPLOON Bert | RCG | 06'18"04 |
| 4 | DE BUYSER Matthias | VAC | 06'20"84 |
| 5 | D'HEER Hannes | ZELE | 06'30"06 |
| 6 | DE VLEESCHAUWER Berten | AVLO | 06'32"32 |
| 7 | WAEGBAERT Joachim | AZW | 06'54"36 |
| 8 | DE BACKER Pieter | VITA | 07'03"14 |

3000M STEEPLE 0,914M

| | | | |
|----|------------------------|------|----------|
| 1 | VANDENABEELE Thibaut | CABW | 09'21"53 |
| 2 | DE WULF Pieter | RIEM | 09'31"15 |
| 3 | DE VLEESCHAUWER Berten | AVLO | 09'32"57 |
| 4 | EURLINGS Robin | ATLA | 09'41"23 |
| 5 | DIERCKX Toon | LIER | 09'45"18 |
| 6 | MERVEILLE Benjamin | CSF | 09'45"26 |
| 7 | MISPLOON Bert | RCG | 09'50"02 |
| 8 | ROBIN Arnaud | DAMP | 09'52"65 |
| 9 | CASTEUR Pieter | AZW | 09'56"58 |
| 10 | D'HEER Hannes | ZELE | 09'59"30 |

4 X 100 METER

| | | | |
|---|---------------|-----|-------|
| 1 | RRC Bruxelles | RCB | 43"87 |
|---|---------------|-----|-------|

| | | | |
|---|---------------------------|------|-------|
| 2 | DILBEEK Ac | DAC | 43"95 |
| 3 | R.EXCELSIOR Sc | RESC | 44"76 |
| 4 | RACING CLUB GENT Atletiek | RCG | 44"81 |
| 5 | MONS OBOURG Hain.a. | MOHA | 45"43 |
| 6 | KONINKLIJK KORTRIJK Sport | KKS | 45"52 |
| 7 | ATL. VER. Lokeren | AVLO | 45"63 |
| 8 | CS DE LA Dyle | CSDY | 45"81 |
| 9 | OLSE MERKSEM Ac | OLSE | 46"55 |

4 X 200 METER

| | | | |
|---|---------------------------|-----|---------|
| 1 | KONINKLIJK KORTRIJK Sport | KKS | 1'38"32 |
|---|---------------------------|-----|---------|

4 X 400 METER

| | | | |
|----|---------------------------|------|---------|
| 1 | BELGIE (jun) | BEL | 3'05"74 |
| 2 | LIERSE Ac | LIER | 3'23"53 |
| 3 | DARING CLUB LEUVEN AtI. | DCLA | 3'27"04 |
| 4 | VABCO Mol | VMOL | 3'28"32 |
| 5 | K. AC EENDR. Aalst | EA | 3'28"47 |
| 6 | RACING CLUB GENT Atletiek | RCG | 3'30"09 |
| 7 | OLSE MERKSEM Ac | OLSE | 3'30"90 |
| 8 | DILBEEK Ac | DAC | 3'31"37 |
| 9 | ATL. VER. Roeselare | AVR | 3'32"36 |
| 10 | VLIERZELE Sportief | VS | 3'34"38 |

4 X 1500 METER

| | | | |
|---|-------------------------|------|----------|
| 1 | DARING CLUB LEUVEN AtI. | DCLA | 16'57"70 |
| 2 | K. AC EENDR. Aalst | EA | 17'31"01 |
| 3 | ATL. VER. Zuiderkempen | AVZK | 17'35"17 |
| 4 | AC Lanaken | ATLA | 17'54"02 |

HOOGSPRINGEN

| | | | |
|---|-----------------------|------|------|
| 1 | RUMMENS Tim | DCLA | 2m03 |
| 2 | CHALON Xavier | DAMP | 2m02 |
| 3 | SOLOT Jeremy | SMAC | 1m96 |
| 3 | CARTON DELCOURT Bruno | ACLE | 1m96 |
| 3 | SCHOMMELHOUD Michael | EA | 1m96 |
| 6 | ANNECOUR Rico | VOLH | 1m91 |
| 7 | VIAENE Mathieu | HERV | 1m90 |
| 7 | LENOIR Gauthier | MOHA | 1m90 |
| 7 | DE DECKER Nicolas | RCB | 1m90 |
| 7 | COSTER Xavier | USBW | 1m90 |
| 7 | BEERTEN Pieter | AVT | 1m90 |
| 7 | VERSMISSEN Bart | VMOL | 1m90 |

VERSPRINGEN

| | | | |
|----|-----------------------|------|------|
| 1 | SOLOT Jeremy | SMAC | 7m08 |
| 2 | SORRIAUX Jefferson | DS | 6m84 |
| 3 | DROESSAERT Stijn | VS | 6m79 |
| 3 | BUYS Lukas | SGOL | 6m79 |
| 5 | CARTON DELCOURT Bruno | ACLE | 6m72 |
| 6 | MARYNISSSEN Wim | AVKA | 6m67 |
| 7 | KOUASSI Jonathan | SER | 6m60 |
| 8 | PEETERS Matthias | LYRA | 6m55 |
| 9 | VANMULDER Robbe | DAC | 6m54 |
| 10 | SCAILQUIN Arnaud | MOHA | 6m53 |

HINKSTAPSPRINGEN

| | | | |
|---|------------------|------|-------|
| 1 | CANNAERT Franck | AVMO | 14m13 |
| 2 | VANDA Raphael | CSDY | 13m48 |
| 3 | DROESSAERT Stijn | VS | 13m32 |
| 4 | EGO Laurent | USBW | 13m15 |
| 5 | AERTS Bram | AVOS | 13m11 |

| | | | |
|----|-------------------|------|-------|
| 6 | VAN BROECK Steven | ACHL | 12m97 |
| 7 | VERSCHOREN Raf | AVZK | 12m94 |
| 8 | PEETERS Matthias | LYRA | 12m81 |
| 9 | VERHOEVEN Wout | VAMB | 12m78 |
| 10 | ROLLIER Sven | SPVI | 12m64 |

POLSSTOKSPRINGEN

| | | | |
|----|-----------------------|------|------|
| 1 | GOOSSENS Denis | VAC | 5m20 |
| 2 | VERELST Wim | VOLH | 5m10 |
| 3 | JASPERS Dieter | DCLA | 4m60 |
| 4 | SOLOT Jeremy | SMAC | 4m22 |
| 4 | LICHTERT Stijn | OLSE | 4m22 |
| 6 | CARTON DELCOURT Bruno | ACLE | 4m11 |
| 7 | BERGEZ Mathias | AVMO | 4m03 |
| 8 | VAN TRICHT Kevin | CSF | 4m00 |
| 8 | DROESSAERT Stijn | VS | 4m00 |
| 10 | NAGA Djhed | RESC | 3m80 |
| 10 | CURFS Thomas | AVT | 3m80 |

KOGELSTOTEN 6,000KG

| | | | |
|----|-----------------------|------|-------|
| 1 | BEYENS Stefan | ACHL | 15m96 |
| 2 | DROESSAERT Stijn | VS | 15m15 |
| 3 | VAN MOL Joris | AT84 | 14m86 |
| 4 | SOLOT Jeremy | SMAC | 14m41 |
| 5 | VERNIEUWE Kenny | FLAC | 14m40 |
| 6 | ROBBEN Stijn | DCLA | 13m83 |
| 7 | STOKMAN Stefan* | ACME | 13m34 |
| 8 | DE CREMER Frederic | EA | 13m25 |
| 9 | CHALON Xavier | DAMP | 12m98 |
| 10 | CARTON DELCOURT Bruno | ACLE | 12m77 |

KOGELSTOTEN 7,260KG

| | | | |
|----|-----------------|------|-------|
| 1 | BEYENS Stefan | ACHL | 14m72 |
| 2 | CHALON Xavier | DAMP | 12m74 |
| 3 | ROBBEN Stijn | DCLA | 12m16 |
| 4 | HERMANS Brecht | AVT | 12m06 |
| 5 | SOLOT Jeremy | SMAC | 11m91 |
| 5 | VERBIST Jochem | SGOL | 11m91 |
| 7 | SWINNEN Rutger | AVT | 11m78 |
| 8 | LANGERAERT Yves | FLAC | 11m33 |
| 9 | BUYS Lukas | SGOL | 11m23 |
| 10 | BRUNINX Maarten | ADD | 11m21 |

DISCUSWERPEN 1,750KG

| | | | |
|----|-----------------------|------|-------|
| 1 | BEYENS Stefan | ACHL | 46m41 |
| 2 | LEMAITRE Loic | DCLA | 45m99 |
| 3 | DROESSAERT Stijn | VS | 44m08 |
| 4 | SOLOT Jeremy | SMAC | 43m57 |
| 5 | SUSTELO Antonio* | CABW | 42m49 |
| 6 | CARTON DELCOURT Bruno | ACLE | 41m81 |
| 7 | VAN MOL Joris | AT84 | 41m11 |
| 8 | SWINNEN Rutger | AVT | 40m49 |
| 9 | VERBIST Jochem | SGOL | 40m43 |
| 10 | VERNIEUWE Kenny | FLAC | 40m04 |

DISCUSWERPEN 2,000KG

| | | | |
|---|------------------|------|-------|
| 1 | GUILLAUME Alain | BBS | 44m61 |
| 2 | JOIRIS Sullivan | DAMP | 43m06 |
| 3 | LEMAITRE Loic | DCLA | 38m59 |
| 4 | BEYENS Stefan | ACHL | 38m10 |
| 5 | HOFFMAN Nils | DACM | 37m75 |
| 6 | SUSTELO Antonio* | CABW | 36m45 |

| | | | |
|----|-----------------------|------|-------|
| 7 | VERNIEUWE Kenny | FLAC | 36m12 |
| 8 | SOLOT Jeremy | SMAC | 34m77 |
| 9 | VERBIJST Jochem | SGOL | 33m96 |
| 10 | CARTON DELCOURT Bruno | ACLE | 32m70 |

HAMERSLINGEREN 6,250KG

| | | | |
|----|------------------------|------|-------|
| 1 | VANMASSENHOVE Timothy | HAC | 61m12 |
| 2 | MOREAUX Thibault | SMAC | 58m52 |
| 3 | SUSTELO Antonio* | CABW | 54m29 |
| 4 | COCQUYT Fabian | HALE | 49m36 |
| 5 | HOGÉ Axel | RFCL | 49m15 |
| 6 | HUYGENS Kevin | CABW | 48m52 |
| 7 | LINGIER Wim | MACW | 44m44 |
| 8 | VAN DEN KERCKHOVE Bert | HALE | 38m88 |
| 9 | BRUNINX Maarten | ADD | 37m85 |
| 10 | GOOSSENS Bjorn | ACHL | 35m12 |

HAMERSLINGEREN 7,260KG

| | | | |
|---|-----------------------|------|-------|
| 1 | POUSSEUR Pierre | DAMP | 55m24 |
| 2 | JOIRIS Sullivan | DAMP | 51m90 |
| 3 | VANMASSENHOVE Timothy | HAC | 51m30 |
| 4 | SUSTELO Antonio* | CABW | 46m82 |
| 5 | HOGÉ Axel | RFCL | 40m11 |
| 6 | HUYGENS Kevin | CABW | 38m05 |

SPEERWERPEN 800G

| | | | |
|----|-------------------------|------|-------|
| 1 | LEMAITRE Loic | DCLA | 69m81 |
| 2 | SMET Thomas | AT84 | 67m28 |
| 3 | BLOMMERDE Bjorn* | AT84 | 66m59 |
| 4 | VERNIEUWE Kenny | FLAC | 57m85 |
| 5 | VAN WEYENBERGH Matthias | RCG | 57m63 |
| 6 | ROBBEN Stijn | DCLA | 57m53 |
| 7 | CURFS Thomas | AVT | 56m56 |
| 8 | VAN DE STEEN Frederik | RCG | 51m94 |
| 9 | NEVEZ Geoffrey | CSDY | 50m82 |
| 10 | BRUNI Marco | AVT | 50m48 |

VIJFKAMP

| | | | |
|----|-------------------------|------|-----------|
| 1 | STRAGIER Marijn | MACW | 2.884 ptn |
| 2 | DROESSAERT Stijn | VS | 2.799 ptn |
| 3 | VANMULDER Robbe | DAC | 2.774 ptn |
| 4 | LINGIER Wim | MACW | 2.631 ptn |
| 5 | VAN WEYENBERGH Matthias | RCG | 2.544 ptn |
| 6 | DE BEULE Matthias | ZELE | 2.502 ptn |
| 7 | ROMBOUTS Koen | ABES | 2.496 ptn |
| 8 | PICALAUSA Jelle | OEH | 2.413 ptn |
| 9 | SCHOONBROOD Dominique | ATLA | 2.395 ptn |
| 10 | ROLLIER Sven | SPVI | 2.336 ptn |

TIENKAMP

| | | | |
|----|-----------------------|------|-----------|
| 1 | SOLOT Jeremy | SMAC | 7.119 ptn |
| 2 | CARTON DELCOURT Bruno | ACLE | 6.948 ptn |
| 3 | DROESSAERT Stijn | VS | 6.200 ptn |
| 4 | CHALON Xavier | DAMP | 6.081 ptn |
| 5 | KABERUKA Michael | DAC | 6.016 ptn |
| 6 | SEUTIN Yves | LYRA | 5.883 ptn |
| 7 | BERGEZ Mathias | AVMO | 5.725 ptn |
| 8 | STRAGIER Marijn | MACW | 5.584 ptn |
| 9 | DE HOUCK Simon | JSMC | 5.493 ptn |
| 10 | HOSTYN LAURENT David | RESC | 5.317 ptn |

scholieren

100 METER

| | | | |
|----|--------------------|------|-------|
| 1 | PANNEEL Jens | KKS | 11"06 |
| 2 | GOFFAUX Simon | CABW | 11"09 |
| 3 | VAN WAES Kevin | ACW | 11"13 |
| 4 | HAECK Joris | STAX | 11"14 |
| 5 | BEROTE Jordane | SMAC | 11"16 |
| 6 | HALLEMEESCH Nick | HCO | 11"17 |
| 7 | VAN BELLE Wim | ACP | 11"20 |
| 8 | VAN ROSSEM Joaquim | OEH | 11"21 |
| 9 | NEEFS Sam | VAC | 11"23 |
| 10 | AZZOLINI Jeremy | SER | 11"25 |

200 METER

| | | | |
|----|-------------------|------|-------|
| 1 | PANNEEL Jens | KKS | 21"78 |
| 2 | HAECK Joris | STAX | 21"83 |
| 3 | VAN BELLE Wim | ACP | 22"01 |
| 4 | HALLEMEESCH Nick | HCO | 22"31 |
| 5 | GOFFAUX Simon | CABW | 22"33 |
| 6 | NEEFS Sam | VAC | 22"43 |
| 6 | FROIDMONT Arnaud | UAC | 22"43 |
| 8 | STEMPNICK Nicolas | DS | 22"50 |
| 9 | NOLF Cedric | AZW | 22"61 |
| 10 | BEROTE Jordane | SMAC | 22"69 |

300 METER

| | | | |
|----|----------------------|------|-------|
| 1 | PANNEEL Jens | KKS | 33"80 |
| 2 | VAN BELLE Wim | ACP | 34"67 |
| 3 | FROIDMONT Arnaud | UAC | 34"80 |
| 4 | NEEFS Sam | VAC | 35"28 |
| 5 | HAECK Joris | STAX | 35"41 |
| 6 | GOFFAUX Simon | CABW | 35"81 |
| 7 | VANDECAPELLE Mattijs | DAC | 36"03 |
| 8 | AZZOLINI Jeremy | SER | 36"22 |
| 9 | NOLF Cedric | AZW | 36"28 |
| 10 | VAN PETEGHEM Thijs | ZA | 36"55 |

400 METER

| | | | |
|----|--------------------|------|-------|
| 1 | PANNEEL Jens | KKS | 47"20 |
| 2 | FROIDMONT Arnaud | UAC | 48"68 |
| 3 | VAN BELLE Wim | ACP | 48"74 |
| 4 | HAECK Joris | STAX | 49"45 |
| 5 | VAN PETEGHEM Thijs | ZA | 50"25 |
| 6 | DE BIE Ben | LIER | 50"46 |
| 7 | THEUNIS Koen | AVT | 50"71 |
| 8 | AZZOLINI Jeremy | SER | 50"75 |
| 9 | GYBELS Niels | AVZK | 50"77 |
| 10 | DE RAEDT Stijn | ZA | 51"01 |

800 METER

| | | | |
|----|-----------------------|------|---------|
| 1 | WYNS Nils | DUFF | 1'54"11 |
| 2 | AZAOUM Najib* | CSF | 1'54"43 |
| 3 | VAN DEN BOSSCHE Brian | ACHL | 1'54"48 |
| 4 | BOUDEWYN Niels | FLAC | 1'55"50 |
| 5 | VAN DEN BROECK Jan | LAT | 1'55"73 |
| 6 | THEUNIS Koen | AVT | 1'55"74 |
| 7 | KAHIA Jerome | CSF | 1'56"04 |
| 8 | THOMAS Florian | DAMP | 1'56"46 |
| 9 | VAN VYNCKT Kevin | DEIN | 1'56"48 |
| 10 | VAN ASSCHE Lukas | VAC | 1'56"49 |

1000 METER

| | | | |
|----|-----------------------|------|---------|
| 1 | WYNS Nils | DUFF | 2'31"16 |
| 2 | ROGGE Simon | STAX | 2'32"12 |
| 3 | VANSTREELS Dieter | DUFF | 2'32"74 |
| 4 | VAN DEN BROECK Jan | LAT | 2'33"29 |
| 5 | VAN DEN BOSSCHE Brian | ACHL | 2'34"58 |
| 6 | VAN HAM Andreas | DAC | 2'34"76 |
| 7 | BURSENS Sam | LAT | 2'34"94 |
| 8 | LIEGEOIS Niels | ACBR | 2'35"04 |
| 9 | AZAOUM Najib* | CSF | 2'35"10 |
| 10 | THOMAS Florian | DAMP | 2'35"34 |

1500 METER

| | | | |
|----|-----------------------|------|---------|
| 1 | VANSTREELS Dieter | DUFF | 3'53"61 |
| 2 | AZAOUM Najib* | CSF | 3'57"90 |
| 3 | NAERT Koen | FLAC | 3'58"33 |
| 4 | BOUDEWYN Niels | FLAC | 3'58"34 |
| 5 | VAN DEN BOSSCHE Brian | ACHL | 3'59"48 |
| 6 | VAN ASSCHE Lukas | VAC | 3'59"84 |
| 7 | VAN VYNCKT Kevin | DEIN | 4'00"12 |
| 8 | VAN HAM Andreas | DAC | 4'00"52 |
| 9 | CAELEN Florent | HERV | 4'00"57 |
| 10 | WYNS Nils | DUFF | 4'01"03 |

MIJL

| | | | |
|----|----------------------|------|---------|
| 1 | VAN ASSCHE Lukas | VAC | 4'17"97 |
| 2 | BOUDEWYN Niels | FLAC | 4'20"81 |
| 3 | NAERT Koen | FLAC | 4'22"13 |
| 4 | WYNS Nils | DUFF | 4'23"67 |
| 5 | VAN EYNDE Pieter-Jan | DCLA | 4'25"43 |
| 6 | CAELEN Florent | HERV | 4'25"69 |
| 7 | VAN DER HOEVEN Bert | VS | 4'26"49 |
| 8 | DEMEESTER Thijs | VAC | 4'28"69 |
| 9 | MORAY Lucas | SPVI | 4'29"15 |
| 10 | ROGGE Simon | STAX | 4'29"44 |

2000 METER

| | | | |
|----|----------------------|------|---------|
| 1 | VANSTREELS Dieter | DUFF | 5'34"30 |
| 2 | NAERT Koen | FLAC | 5'35"50 |
| 3 | VAN VYNCKT Kevin | DEIN | 5'38"15 |
| 4 | VAN EYNDE Pieter-Jan | DCLA | 5'40"67 |
| 5 | DEMEESTER Thijs | VAC | 5'41"56 |
| 6 | D'HOEDT Jeroen | OEH | 5'43"14 |
| 7 | VAN DER HOEVEN Bert | VS | 5'44"37 |
| 8 | SOENEN Joachim | AVR | 5'45"46 |
| 9 | CLAESSENS Darcis | DCLA | 5'46"82 |
| 10 | BERGMANN Sebastien | OEH | 5'47"14 |

3000 METER

| | | | |
|----|----------------------|------|----------|
| 1 | VANSTREELS Dieter | DUFF | 08'23"13 |
| 2 | CAELEN Florent | HERV | 08'32"25 |
| 3 | VAN LOON Timothy | DUFF | 08'33"69 |
| 4 | NAERT Koen | FLAC | 08'34"97 |
| 5 | BERGMANN Sebastien | OEH | 08'44"18 |
| 6 | VAN EYNDE Pieter-Jan | DCLA | 08'50"69 |
| 7 | VAN DER HOEVEN Bert | VS | 08'51"91 |
| 8 | DEMEESTER Thijs | VAC | 08'52"40 |
| 9 | VAN HAM Andreas | DAC | 08'53"40 |
| 10 | VERVAET Jan | AVLO | 08'55"15 |

200M HORDEN 0,762M/10H (demo)

| | | | |
|---|---------------|------|-------|
| 1 | SLEEGERS Bart | DUFF | 26"70 |
|---|---------------|------|-------|

| | | | |
|---|--------------------|------|-------|
| 2 | SALVE Pierre | USTA | 28"01 |
| 3 | VERBIJST Jelle | AVZK | 28"05 |
| 4 | STROOBANTS Jori | VITA | 28"13 |
| 5 | DEBLOCK Korneel | AZW | 28"23 |
| 6 | DE MOOR Gerrit | DCLA | 29"52 |
| 7 | STRUBBE Jon | FLAC | 29"84 |
| 8 | VANDEN BOGAERT Rob | LYRA | 29"85 |
| 9 | PLOVIE Kristof | HALE | 30"57 |

400M HORDEN 0,914M/10H

| | | | |
|---|-----------------------|------|-------|
| 1 | SEKELSKY Maros | RESC | 63"68 |
| 2 | JACQUIN Edouard | IXEL | 64"60 |
| 3 | GIRAUD PIERRE Alexis* | USBW | 65"98 |

400M HORDEN 0,840M/10H

| | | | |
|----|----------------------|------|-------|
| 1 | LABY Mathieu | FCHA | 54"70 |
| 2 | VANDECAPELLE Mattijs | DAC | 54"82 |
| 3 | DEBERSAQUES Steven | STAX | 55"03 |
| 4 | AZZOLINI Jeremy | SER | 55"07 |
| 5 | STROOBANTS Jori | VITA | 56"01 |
| 6 | DE BIE David | LIER | 56"13 |
| 7 | RUFFACQ Quentin | DS | 56"42 |
| 8 | DE BAETS Jasper | ACME | 56"47 |
| 8 | DE BIE Ben | LIER | 56"47 |
| 10 | GOFFAUX Simon | CABW | 57"30 |

110M HORDEN 0.914M/10H

| | | | |
|----|----------------------|------|-------|
| 1 | GOFFAUX Simon | CABW | 13"98 |
| 2 | RUFFACQ Quentin | DS | 14"07 |
| 3 | VAN WAES Kevin | ACW | 14"33 |
| 4 | VERSTRAELEN Thomas | HF | 14"50 |
| 5 | VIAENE Thibault | HCO | 14"70 |
| 6 | VANDECAPELLE Mattijs | DAC | 14"71 |
| 7 | PICCAVET Rens | FLAC | 14"74 |
| 8 | DELAVALLEE Philippe | USTA | 15"00 |
| 9 | VAN REMOORTERE Jens | VOLH | 15"05 |
| 10 | VERPOORT Benjamin | OB | 15"08 |

2000M STEEPLE 0,914M

| | | | |
|----|-----------------------|------|----------|
| 1 | SOENEN Joachim | AVR | 06'10"80 |
| 2 | VAN DER ELST Frederik | ZA | 06'15"05 |
| 3 | DE WACHTER Sven | VAC | 06'15"49 |
| 4 | VAN DEN BOSSCHE Brian | ACHL | 06'16"07 |
| 5 | VAN DER HOEVEN Bert | VS | 06'17"05 |
| 6 | HAMDI Ali | GRIM | 06'18"70 |
| 7 | CONVENTS Timothy | ROBA | 06'19"58 |
| 8 | BERGMANN Sebastien | OEH | 06'19"68 |
| 9 | MORTELMANS Maarten | DUFF | 06'19"70 |
| 10 | DE BOSSCHER Pieterjan | AVLO | 06'27"64 |

4 X 100 METER

| | | | |
|----|-------------------------|------|-------|
| 1 | STANDAARD Ajax | STAX | 43"43 |
| 2 | CA BRABANT Wallon | CABW | 43"45 |
| 3 | OLYMPIC Brugge | OB | 43"48 |
| 4 | AV Toekomst | AVT | 43"73 |
| 5 | VILVOORDE Ac | VAC | 43"99 |
| 6 | ATLETICA '84 | AT84 | 44"54 |
| 7 | VOLHARDING Atletiek | VOLH | 44"85 |
| 8 | RFC Liegeois | RFCL | 44"92 |
| 9 | RUS Tournai | USTA | 45"30 |
| 10 | DARING CLUB LEUVEN Atl. | DCLA | 45"60 |

| | | | |
|---------------|----------------|------|---------|
| 10 | RCA Spa | SPA | 45"60 |
| 4 X 200 METER | | | |
| 1 | STANDAARD Ajax | STAX | 1'33"51 |
| 2 | JS Mouscron | JSMC | 1'38"84 |
| 3 | GOFFAUX Simon | CABW | 1'39"50 |

| | | | |
|---------------|--------------------------|------|----------|
| 4 X 800 METER | | | |
| 1 | DUFFEL Ac | DUFF | 08'02"75 |
| 2 | VILVOORDE Ac | VAC | 08'12"47 |
| 3 | ATL. VER. Molenland | AVMO | 08'15"80 |
| 4 | Koninkl.atletiekafd.gent | KAAG | 08'19"56 |
| 5 | Lebb.atl.toekomst | LAT | 08'19"57 |
| 6 | ATL. VER. Roeselare | AVR | 08'22"14 |
| 7 | ATL. VER. Lokeren | AVLO | 08'23"74 |
| 8 | HAUTES Fagnes | HF | 08'23"97 |
| 9 | AV Toekomst | AVT | 08'29"25 |
| 10 | VLIERZELE Sportief | VS | 08'32"73 |

HOOGSPRINGEN

| | | | |
|----|-------------------------|------|------|
| 1 | VAN DER PLAETSEN Thomas | DEIN | 2m00 |
| 1 | VRIJSEN Vincent | AVT | 2m00 |
| 3 | PEETERS Arne | LYRA | 1m95 |
| 4 | VERDUYN Sander | AVKA | 1m91 |
| 5 | CAMPENER Corentin | USTA | 1m90 |
| 5 | DEBAILLEUL Corentin | RCB | 1m90 |
| 7 | VAN DER AUWERA Fons | ROBA | 1m89 |
| 8 | VAN WAES Kevin | ACW | 1m88 |
| 9 | DEWINTER Basile | JSMC | 1m87 |
| 10 | HENRIET Sylvain | CRAC | 1m86 |
| 10 | ADANG Bjoke | DCLA | 1m86 |
| 10 | LUYCKX Benjamin | DCLA | 1m86 |
| 10 | VAN REMOORTERE Jens | VOLH | 1m86 |

VERSPRINGEN

| | | | |
|----|---------------------|------|------|
| 1 | VAN WAES Kevin | ACW | 7m06 |
| 2 | STEMPNICK Nicolas | DS | 6m93 |
| 3 | NOLF Cedric | AZW | 6m89 |
| 4 | VAN REMOORTERE Jens | VOLH | 6m84 |
| 5 | BEX Geoffrey | ACA | 6m69 |
| 6 | VERSTRAELEN Thomas | HF | 6m62 |
| 7 | VRIJSEN Vincent | AVT | 6m48 |
| 8 | DE MAITRE Sam | RCG | 6m46 |
| 9 | DE DECKER Bjorn | WIBO | 6m44 |
| 10 | D HEYGERE Jerome | USTA | 6m39 |

HINKSTAPSPRINGEN

| | | | |
|----|----------------------|------|-------|
| 1 | DEBAILLEUL Corentin | RCB | 15m00 |
| 2 | DE DECKER Bjorn | WIBO | 14m53 |
| 3 | BEX Geoffrey | ACA | 13m97 |
| 4 | VAN SCHAEYBROECK Tom | MACW | 13m38 |
| 4 | DECLOEDT Benjamin | HAC | 13m38 |
| 6 | COLLIN Gael | RFCL | 13m15 |
| 7 | STEVENS Brecht | SACN | 13m04 |
| 8 | LELIE Jasper | STAX | 13m01 |
| 9 | D HEYGERE Jerome | USTA | 12m93 |
| 10 | CAMPENER Corentin | USTA | 12m85 |

POLSSTOKSPRINGEN

| | | | |
|---|---------------------|------|------|
| 1 | VANHEES Laurent | ACO | 4m90 |
| 2 | NOLF Cedric | AZW | 4m40 |
| 3 | VAN REMOORTERE Jens | VOLH | 4m25 |

| | | | |
|----|--------------------|------|------|
| 4 | DARQUENNES Raphael | CABW | 4m20 |
| 5 | CLOET Aaron | HCO | 4m16 |
| 6 | VAN WAES Kevin | ACW | 4m13 |
| 7 | DE CONINCK Jasper | RCG | 4m10 |
| 8 | VAN NUFFEL Stefaan | ACBR | 4m00 |
| 8 | PICARD Niels | RCG | 4m00 |
| 10 | LABY Mathieu | FCHA | 3m84 |

KOGELSTOTEN 5,000KG

| | | | |
|----|-----------------------|------|-------|
| 1 | VERCRUYSSSE Jarno | FLAC | 15m77 |
| 2 | GEVERS Bjorn | VOLH | 15m38 |
| 3 | CORDEEL Joachim | AVLO | 15m32 |
| 4 | STEMPNICK Nicolas | DS | 15m09 |
| 5 | VAN DE VONDEL Klaas | SPBO | 14m76 |
| 6 | LAUWERS Pieter-Willem | AVMO | 14m66 |
| 7 | VANNIEUWENHUYSE Stijn | VS | 14m60 |
| 8 | MERVEILLE Arnaud | ACLE | 14m59 |
| 9 | GUEMMAR Youness* | DACM | 14m49 |
| 10 | D'HOOGHE Francis | AVLO | 14m28 |

DISCUSWERPEN 1,500KG

| | | | |
|----|---------------------|------|-------|
| 1 | GEVERS Bjorn | VOLH | 45m69 |
| 2 | BEECKMAN Bert | RCG | 45m36 |
| 3 | VERCRUYSSSE Jarno | FLAC | 44m93 |
| 4 | STEMPNICK Nicolas | DS | 44m16 |
| 5 | LOGIST Anthony | HF | 44m08 |
| 6 | CORDEEL Joachim | AVLO | 43m75 |
| 7 | ARNOYS Jonathan | DACM | 43m46 |
| 8 | VAN REMOORTERE Jens | VOLH | 43m16 |
| 9 | TRUYTS Timothy | ACBR | 43m03 |
| 10 | MONTIGNY Pierre | DS | 42m95 |

HAMERSLINGEREN 5,000KG

| | | | |
|----|--------------------|------|-------|
| 1 | BAOO Maxime | CABW | 61m19 |
| 2 | MONTIGNY Pierre | DS | 56m33 |
| 3 | PICARD Niels | RCG | 51m33 |
| 4 | LOGIST Anthony | HF | 49m50 |
| 5 | STEVENS Adrien | CABW | 48m96 |
| 6 | GANY Frederic | SMAC | 48m54 |
| 7 | DE LANNOY Bert | HALE | 46m76 |
| 8 | GEVERS Bjorn | VOLH | 45m77 |
| 9 | DESPLANQUE Olivier | RFCL | 40m58 |
| 10 | BRUNINX Brecht | ADD | 39m03 |

SPEERWERPEN 700G

| | | | |
|----|--------------------------|------|-------|
| 1 | VERCRUYSSSE Jarno | FLAC | 66m95 |
| 2 | VAN DEN BOSCH Vincent | DUFF | 65m61 |
| 3 | HERMAN Timothy | RCG | 62m11 |
| 4 | MEEUS Bavo | DCLA | 58m57 |
| 5 | EYERE WALKER Christopher | HF | 56m91 |
| 6 | NOLF Cedric | AZW | 55m61 |
| 7 | GEVERS Bjorn | VOLH | 54m05 |
| 8 | CORDENIER Andre | MACW | 53m99 |
| 9 | D HEYGERE Jerome | USTA | 50m83 |
| 10 | GRIGNARD Adrien | SPA | 50m29 |

SPEERWERPEN 800G

| | | | |
|---|-----------------------|------|-------|
| 1 | VERCRUYSSSE Jarno | FLAC | 64m42 |
| 2 | VAN DEN BOSCH Vincent | DUFF | 49m16 |
| 3 | SMET Valerian | USBW | 43m73 |
| 4 | PLATTEBORZE Wayne | USBW | 37m46 |
| 5 | SCHOONHEYT Gil | USBW | 35m21 |

| | | | |
|---|-----------------|------|-------|
| 6 | HARMAN Scott | RIWA | 34m58 |
| 7 | HENRIET Sylvain | CRAC | 28m65 |
| 8 | DE SERE Cyprien | RIWA | 07m83 |

VIJFKAMP

| | | | |
|----|----------------------|------|-----------|
| 1 | NOLF Cedric | AZW | 3.243 ptn |
| 2 | VAN REMOORTERE Jens | VOLH | 3.093 ptn |
| 3 | D'HOOGE Francis | AVLO | 2.896 ptn |
| 4 | CRAEYE Simon | HCO | 2.888 ptn |
| 5 | VAN SCHAEYBROECK Tom | MACW | 2.861 ptn |
| 6 | STEVENS Brecht | SACN | 2.648 ptn |
| 7 | DENISSEN Jorg | LOOI | 2.502 ptn |
| 8 | PICARD Niels | RCG | 2.489 ptn |
| 9 | PEETERS Carlo | GENK | 2.432 ptn |
| 10 | VANDEWEYER Maarten | ATLA | 2.339 ptn |

NEGENKAMP

| | | | |
|----|----------------------|------|-----------|
| 1 | NOLF Cedric | AZW | 6.047 ptn |
| 2 | VAN WAES Kevin | ACW | 5.940 ptn |
| 3 | VAN REMOORTERE Jens | VOLH | 5.927 ptn |
| 4 | VANDECAPELLE Mattijs | DAC | 5.558 ptn |
| 5 | VERPOORT Benjamin | OB | 5.461 ptn |
| 6 | DEBERSAQUES Steven | STAX | 5.456 ptn |
| 7 | LABY Mathieu | FCHA | 5.397 ptn |
| 8 | D'HOOGE Francis | AVLO | 5.137 ptn |
| 9 | D HEYGERE Jerome | USTA | 5.109 ptn |
| 10 | VAN DER AUWERA Fons | ROBA | 5.025 ptn |

cadetten

100 METER

| | | | |
|---|---------------------------|------|-------|
| 1 | LEMMENS Frederik | AVT | 11"35 |
| 2 | MATINE EL DIN Mohamed Taw | CSDY | 11"38 |
| 3 | PLUMAT Romain | OSGA | 11"41 |
| 4 | LEDENT Kevin | RFCL | 11"50 |
| 5 | DE RYCKE Pieter | VOLH | 11"55 |
| 6 | COCRIAMONT Samuel | CABW | 11"59 |
| 7 | PEETERS Dries | DAC | 11"67 |
| 8 | SHELDEMAN Yestin | RCG | 11"69 |
| 9 | LORIS Lionel | CSF | 11"72 |
| 9 | KLEWIEC Anthony | CRAC | 11"72 |

200 METER

| | | | |
|----|---------------------------|------|-------|
| 1 | LEMMENS Frederik | AVT | 22"60 |
| 2 | MATINE EL DIN Mohamed Taw | CSDY | 22"92 |
| 3 | PLUMAT Romain | OSGA | 23"48 |
| 4 | PEETERS Dries | DAC | 23"52 |
| 4 | DE RYCKE Pieter | VOLH | 23"52 |
| 6 | AERTS Jasper | ROBA | 23"56 |
| 7 | SHELDEMAN Yestin | RCG | 23"67 |
| 8 | PLUYM Bert | DAC | 23"70 |
| 9 | COCRIAMONT Samuel | CABW | 23"71 |
| 10 | LORIS Lionel | CSF | 23"78 |

300 METER

| | | | |
|---|---------------------------|------|-------|
| 1 | LEMMENS Frederik | AVT | 35"98 |
| 2 | MATINE EL DIN Mohamed Taw | CSDY | 36"39 |
| 3 | DE RYCKE Pieter | VOLH | 36"94 |
| 4 | PLUMAT Romain | OSGA | 36"96 |
| 5 | LORIS Lionel | CSF | 37"19 |
| 6 | PLUYM Bert | DAC | 37"54 |
| 7 | AERTS Jasper | ROBA | 37"66 |
| 8 | COCRIAMONT Samuel | CABW | 37"70 |

| | | | |
|----|-----------------|------|-------|
| 9 | SAVELKOUL Ruben | ROBA | 38"01 |
| 10 | HOET Jorg | FLAC | 38"06 |

400 METER

| | | | |
|----|---------------------------|------|-------|
| 1 | LEMMENS Frederik | AVT | 49"92 |
| 2 | MATINE EL DIN Mohamed Taw | CSDY | 51"55 |
| 3 | LORIS Lionel | CSF | 52"47 |
| 4 | AERTS Jasper | ROBA | 52"85 |
| 5 | BOGAERTS Jonas | DCLA | 52"90 |
| 6 | PLUYM Bert | DAC | 53"01 |
| 7 | COPPENS Cedric | CABW | 53"02 |
| 8 | NDIRIBE Marvin | OB | 53"30 |
| 9 | PLUMAT Romain | OSGA | 53"36 |
| 10 | TACK Thibaud | VITA | 53"64 |

800 METER

| | | | |
|----|---------------------|------|---------|
| 1 | PLUYM Bert | DAC | 1'57"40 |
| 2 | COPPENS Cedric | CABW | 1'57"85 |
| 3 | TEUGELS Dimitri | ACBR | 1'59"84 |
| 4 | MERCIER Ward | HCO | 2'01"28 |
| 5 | VERHOEVEN Dries | DUFF | 2'02"80 |
| 6 | LATINNE Reynaldo | AVT | 2'02"96 |
| 7 | VAN DE PUTTE Thomas | RCG | 2'03"04 |
| 8 | KEBRON Quentin | RFCL | 2'03"20 |
| 9 | STROO Mattijs | ABAV | 2'04"25 |
| 10 | DUCULOT Antoine | RFCL | 2'04"61 |

1000 METER

| | | | |
|----|---------------------|------|---------|
| 1 | GOESSENS Braam | LEBB | 2'36"17 |
| 2 | PLUYM Bert | DAC | 2'36"47 |
| 3 | COPPENS Cedric | CABW | 2'39"40 |
| 4 | TEUGELS Dimitri | ACBR | 2'40"68 |
| 5 | VAN DE PUTTE Thomas | RCG | 2'41"44 |
| 6 | DE PAERMENTIER Tom | VS | 2'43"85 |
| 7 | WILLEMS Bjorn | VOLH | 2'43"88 |
| 8 | MERCIER Ward | HCO | 2'44"90 |
| 9 | VIERENDEELS Pieter | ACP | 2'45"18 |
| 10 | De Bock Thomas | VS | 2'46"43 |

1500 METER

| | | | |
|----|---------------------|------|---------|
| 1 | COPPENS Cedric | CABW | 4'04"20 |
| 2 | LEYSEN Erwin | SWIN | 4'11"93 |
| 3 | PLUYM Bert | DAC | 4'13"28 |
| 4 | WILLEMS Bjorn | VOLH | 4'13"86 |
| 5 | VAN DE PUTTE Thomas | RCG | 4'14"10 |
| 6 | DE BOCK Thomas | VS | 4'14"84 |
| 7 | MERCIER Ward | HCO | 4'14"95 |
| 8 | GOESSENS Braam | LEBB | 4'15"84 |
| 9 | VAN DYCK Maarten | ROBA | 4'17"54 |
| 10 | TEUGELS Dimitri | ACBR | 4'19"38 |

MIJL

| | | | |
|---|---------------------|------|---------|
| 1 | COPPENS Cedric | CABW | 4'36"32 |
| 2 | VAN DE PUTTE Thomas | RCG | 4'36"58 |
| 3 | VAN DYCK Maarten | ROBA | 4'43"67 |
| 4 | WILLEMS Bjorn | VOLH | 4'44"05 |
| 5 | VAN HAUTE Dawit | DCLA | 4'46"24 |
| 6 | DE PAERMENTIER Tom | VS | 4'46"31 |
| 7 | HOSTE Levi | OB | 4'46"62 |
| 8 | DEVENYNS Iwein | BEHO | 4'50"27 |
| 9 | MUCHEZ Laurens | DCLA | 4'52"22 |

10 PONCELET Valentin CABW 4'53"24

2000 METER

1 COPPENS Cedric CABW 5'51"56
2 LEYSEN Erwin SWIN 5'53"03
3 WILLEMS Björn VOLH 5'54"03
4 VIERENDEELS Pieter ACP 6'02"76
5 MERCIER Ward HCO 6'07"22
6 DE MARS Jietse GRIM 6'09"07
7 VANDELEENE Briec CABW 6'10"22
8 DE BOCK Thomas VS 6'10"39
9 DEVENYNS Iwein BEHO 6'10"72
10 VANDEWATTIJNE Timothy ACG 6'10"88

200M HORDEN 0,762M/10H (demo)

1 PEETERS Dries DAC 26"15
2 VANDERKRUYS Toon ACSR 28"80
3 VANMULDER Jeroen DAC 30"34
4 MEESTERS Thomas BVAC 30"62
5 HENNEQUIN Alderic USTA 31"08
6 DIRIX Tom LYRA 31"51
7 VANLUCHENE Tom AVMO 33"40
8 COOL Ranec ACHL 34"83
9 STEVENS Robin KAPE 37"85

100M HORDEN 0,914M/10H

1 PEETERS Dries DAC 13"28
2 SEUTIN Rodric LYRA 13"97
3 HANJOUL Denis DCLA 14"47
4 VANHAEREN Stef KAPE 14"48
5 MARBEHANT Robin RFCL 14"59
6 GETS Florent USTA 14"63
7 PLUYM Bert DAC 14"64
8 LORIS Lionel CSF 14"91
9 VERNIEUWE Brian FLAC 15"01
10 KAPATA Leopold RCB 15"10

300M HORDEN 0,762M/7H

1 PEETERS Dries DAC 39"57
2 PLUYM Bert DAC 39"61
3 MATINE EL DIN Mohamed TawCSDY 40"36
4 LORIS Lionel CSF 40"76
5 VANHAEREN Stef KAPE 40"82
6 NAMUROIS Bertrand RFCL 41"30
7 GETS Florent USTA 41"51
8 VAN CANNEYT Tijds AVMO 42"22
9 VANDERKRUYS Toon ACSR 42"43
10 KAPATA Leopold RCB 42"47

1500M STEEPLE 0,762M

1 LEYSEN Erwin SWIN 04'28"19
2 VAN DE PUTTE Thomas RCG 04'29"32
3 HIGNY Thomas HF 04'31"2
4 MERCIER Ward HCO 04'37"28
5 DE PAERMENTIER Tom VS 04'38"50
6 STROO Mattijs ABAV 04'39"64
7 WILLEMS Bjorn VOLH 04'43"12
8 SOHIER Jonas AZW 04'45"25
9 DILLEN Nils ACHL 04'49"06
10 VERLEYE Thomas WS 04'50"41

4 X 100 METER

1 DILBEEK Ac DAC 45"21
2 CA BRABANT Wallon CABW 45"72
3 AV Toekomst AVT 45"79
4 RACING CLUB GENT Atletiek RCG 45"98
5 RFC Liegeois RFCL 46"11
6 RUS Tournai USTA 47"05
7 WINDERICKX Ingmar RESC 47"14
7 DARING CLUB LEUVEN Atl. DCLA 47"14
9 HERVE Ac HERV 47"29
10 LYRA Ac LYRA 47"46

4 X 800 METER

1 DILBEEK Ac DAC 08'28"36
2 RFC Liegeois RFCL 08'37"28
3 CA BRABANT Wallon CABW 08'41"11
4 AC Break ACSR 08'41"93
5 DARING CLUB LEUVEN Atl. DCLA 08'42"60
6 AC Lessines-Enghien ACLE 08'47"82
7 ALGEMENE BRUGSE Atl.ver. ABAV 08'50"55
8 Lebb.atl.toekomst LAT 08'53"53
9 VLIERZELE Sportief VS 08'54"64
10 AC Geraardsbergen ACG 08'54"66

HOOGSPRINGEN

1 HANJOUL Denis DCLA 1m86
2 NAMUROIS Bertrand RFCL 1m82
3 BEELDENS Alexander VOLH 1m81
4 MERCIER Ward HCO 1m79
5 GETS Florent USTA 1m78
5 VANSTRAELEN Laurent FCHA 1m78
5 CRAUWELS Thomas AVKA 1m78
8 LERUTH Guy HERV 1m77
9 SANTOS Costa AT84 1m75
9 PEETERS Dries DAC 1m75

VERSPRINGEN

1 LEMMENS Frederik AVT 6m78
2 PEETERS Dries DAC 6m70
3 SCHELDAMAN Yestin RCG 6m36
4 PLUMAT Romain OSGA 6m26
4 LEDUC Simon CSDY 6m26
6 LARUELLE Jeremy HUY 6m13
7 LORIS Lionel CSF 6m00
8 VERBRUGGHE Jonas ACA 5m97
8 MARBEHANT Robin RFCL 5m97
8 VAN HECKE Christophe DAC 5m97

HINKSTAPSPRINGEN

1 PEETERS Dries DAC 12m95
2 LORIS Lionel CSF 12m65
3 WATRIN Julien DAMP 12m15
4 MANZAMBI Josph RCB 12m10
5 NDIRIBE Marvin OB 12m09
6 DE LEENHEER Matthias ZELE 11m88
7 MICHOTTE Pieter ACA 11m84
8 GALANTE Mathias DS 11m83
9 LAMBAERTS Dean AVZK 11m71
10 VAN NIEUWENHUYZE Jonathan HAC 11m64

POLSSTOKSPRINGEN

1 PEETERS Dries DAC 4m15

| | | | | | | | |
|----|-------------------|------|------|---|--------------------|------|-----------|
| 2 | GHOOS Thomas | ACBR | 4m10 | 2 | BARTHOLOME Nicolas | CAF | 2.762 ptn |
| 3 | GENET Denis | RFCL | 3m70 | 3 | LEJEUNE Thomas | HERV | 2.596 ptn |
| 4 | MARBEHANT Robin | RFCL | 3m65 | 4 | DE BOES Tom | VOLH | 2.524 ptn |
| 5 | MEYLEMANS Bart | RCG | 3m60 | 5 | VERBRUGGHE Jonas | ACA | 2.461 ptn |
| 6 | VAN TRICHT Kevin | CSF | 3m53 | 6 | COOLS Tim | BRAB | 2.405 ptn |
| 6 | VANDERKRUYTS Toon | ACBR | 3m53 | 7 | VANMULDER Jeroen | DAC | 2.388 ptn |
| 8 | RAYMAEKERS Koen | LOOI | 3m50 | 8 | VANDERKRUYTS Toon | ACBR | 2.383 ptn |
| 9 | WINGERS Serge | CSF | 3m43 | 9 | WATRIN Julien | DAMP | 2.371 ptn |
| 10 | MORTIER Louis | RCB | 3m40 | 9 | LERUTH Guy | HERV | 2.371 ptn |
| 10 | LEJEUNE Thomas | HERV | 3m40 | | | | |
| 10 | VERCAUTEREN Simon | ZELE | 3m40 | | | | |

KOGELSTOTEN 4,000KG

| | | | |
|----|------------------------|------|-------|
| 1 | BRAS Sem | OEH | 15m87 |
| 2 | GETS Florent | USTA | 15m50 |
| 3 | DENISSEN Jelle | AVT | 14m91 |
| 4 | VAN EETVELDE Kevin | AVLO | 14m65 |
| 5 | GOEDERTIER Wouter | STAX | 14m20 |
| 6 | VAN CAMPENHOUT Jannick | AT84 | 14m03 |
| 7 | KLAK Adrian | OLSE | 13m68 |
| 8 | BOGAERTS Jonas | DCLA | 13m65 |
| 9 | MILANOV Philip | FLAC | 13m54 |
| 10 | BARTHOLOME Nicolas | CAF | 13m43 |

DISCUSWERPEN 1,000KG

| | | | |
|----|------------------------|------|-------|
| 1 | BRAS Sem | OEH | 59m12 |
| 2 | MILANOV Philip | FLAC | 56m01 |
| 3 | DENISSEN Jelle | AVT | 50m62 |
| 4 | VAN CAMPENHOUT Jannick | AT84 | 48m40 |
| 5 | VERELST Kevin | LOOI | 46m66 |
| 6 | VERNIEUWE Brian | FLAC | 46m33 |
| 7 | DELPERDANGE Christophe | CRAC | 44m84 |
| 8 | PEETERS Maarten | DCLA | 44m28 |
| 9 | GETS Florent | USTA | 43m87 |
| 10 | BARTHOLOME Nicolas | CAF | 43m78 |

HAMERSLINGEREN 4,000KG

| | | | |
|----|------------------------|------|-------|
| 1 | AGAZZI Julian | CABW | 51m34 |
| 2 | VAN CAMPENHOUT Jannick | AT84 | 47m18 |
| 3 | MOULIGNEAU Thibault | MOHA | 45m16 |
| 4 | HENNEQUIN Alderic | USTA | 43m49 |
| 5 | VANDERHEIJDEN Mathias | ACHL | 40m76 |
| 6 | DUFRESNE Romain | RFCL | 37m29 |
| 7 | ENGLEBERT Gilles | RFCL | 36m39 |
| 8 | DELAFONTAINE Gaetan | CABW | 36m01 |
| 9 | VAN EETVELDE Kevin | AVLO | 35m94 |
| 10 | VAN GOETHEM Tim | ACME | 35m66 |

SPEERWERPEN 600G

| | | | |
|----|--------------------|------|-------|
| 1 | VERNIEUWE Brian | FLAC | 57m53 |
| 2 | MEEUS Hans | LYRA | 53m97 |
| 3 | JACOBS Bart | EA | 53m57 |
| 4 | GEUENS Wim | LYRA | 53m43 |
| 5 | MEYLEMANS Bart | RCG | 51m22 |
| 6 | GETS Florent | USTA | 48m33 |
| 7 | DE BOES Tom | VOLH | 47m11 |
| 8 | VANHOVE Dennis | AVT | 45m90 |
| 9 | VAN EETVELDE Kevin | AVLO | 45m15 |
| 10 | PEETERS Dries | DAC | 45m01 |

VIJFKAMP

| | | | |
|---|------------|-----|-----------|
| 1 | PLUYM Bert | DAC | 3.010 ptn |
|---|------------|-----|-----------|

| | | | |
|---|--------------------|------|-----------|
| 2 | BARTHOLOME Nicolas | CAF | 2.762 ptn |
| 3 | LEJEUNE Thomas | HERV | 2.596 ptn |
| 4 | DE BOES Tom | VOLH | 2.524 ptn |
| 5 | VERBRUGGHE Jonas | ACA | 2.461 ptn |
| 6 | COOLS Tim | BRAB | 2.405 ptn |
| 7 | VANMULDER Jeroen | DAC | 2.388 ptn |
| 8 | VANDERKRUYTS Toon | ACBR | 2.383 ptn |
| 9 | WATRIN Julien | DAMP | 2.371 ptn |
| 9 | LERUTH Guy | HERV | 2.371 ptn |

ACHTKAMP

| | | | |
|----|----------------------|------|-----------|
| 1 | PEETERS Dries | DAC | 5.334 ptn |
| 2 | GETS Florent | USTA | 4.676 ptn |
| 3 | PLUYM Bert | DAC | 4.661 ptn |
| 4 | LORIS Lionel | CSF | 4.627 ptn |
| 5 | MARBEHANT Robin | RFCL | 4.601 ptn |
| 6 | MEYLEMANS Bart | RCG | 4.322 ptn |
| 7 | SEUTIN Rodric | LYRA | 4.237 ptn |
| 8 | VANHAEREN Stef | KAPE | 4.138 ptn |
| 9 | VAN HECKE Christophe | DAC | 4.121 ptn |
| 10 | VERNIEUWE Brian | FLAC | 4.118 ptn |

VROUWEN

juniores

100 METER

| | | | |
|----|---------------------|------|-------|
| 1 | LEQUESNE Marijke | AT84 | 12"28 |
| 2 | MEYLEMANS Kim | RCG | 12"46 |
| 3 | VERCAUTEREN Barbara | HAMM | 12"55 |
| 4 | JASPAERT Laura | EA | 12"58 |
| 5 | FOUCART Clemence | SMAC | 12"59 |
| 6 | CAUGHEY Sarah | SER | 12"65 |
| 7 | MABBE Elien | FLAC | 12"72 |
| 8 | HERSSENS Stephanie | DCLA | 12"74 |
| 9 | VAN LEUVEN Sarah | VS | 12"75 |
| 10 | NEUBOURG Evelyne | DAC | 12"88 |

200 METER

| | | | |
|----|---------------------|------|-------|
| 1 | LEQUESNE Marijke | AT84 | 24"84 |
| 2 | JASPAERT Laura | EA | 25"25 |
| 3 | MEYLEMANS Kim | RCG | 25"40 |
| 4 | BELIEN Katrien | ROBA | 25"43 |
| 5 | HERSSENS Stephanie | DCLA | 25"57 |
| 6 | MABBE Elien | FLAC | 25"73 |
| 7 | VERCAUTEREN Barbara | HAMM | 25"74 |
| 8 | VAN LEUVEN Sarah | VS | 25"76 |
| 9 | FOUCART Clemence | SMAC | 25"99 |
| 10 | MASSCHELEIN Evi | KKS | 26"05 |

300 METER

| | | | |
|----|--------------------|------|-------|
| 1 | HERSSENS Stephanie | DCLA | 40"66 |
| 2 | MABBE Elien | FLAC | 41"11 |
| 3 | JASPAERT Laura | EA | 41"54 |
| 4 | LEQUESNE Marijke | AT84 | 41"57 |
| 5 | APERS Jolijn | WIBO | 41"86 |
| 6 | VAN ROYEN Nathalie | ACW | 41"87 |
| 7 | VERCAMMEN Eveline | ACBR | 41"99 |
| 8 | MASSCHELEIN Evi | KKS | 42"11 |
| 9 | LAURENT Agnes | HF | 42"25 |
| 10 | POISSONNIER Anais | FLAC | 42"40 |

400 METER

| | | | |
|---|--------------------|------|-------|
| 1 | HERSSENS Stephanie | DCLA | 56"94 |
|---|--------------------|------|-------|

| | | | | | | | |
|------------|----------------------|------|---------|-------------------------------|-----------------------|------|----------|
| 2 | VAN DER STRICHT Lynn | VITA | 58"43 | 4 | FIEVEZ Catherine | USTA | 5'21"64 |
| 3 | LAURENT Agnes | HF | 58"61 | 5 | PERNET Natascha | ATLA | 5'32"05 |
| 4 | DE PRINS Stefanie | VAC | 58"66 | 6 | LAUWAERT Nina | VOLH | 5'33"70 |
| 5 | VERCAMMEN Eveline | ACBR | 58"70 | 7 | SOCCOL Manuela | GENK | 5'42"49 |
| 6 | DUINSLAEGER Eva | ROBA | 58"80 | 8 | BOSMANS Anneleen | ACBR | 5'46"27 |
| 7 | VERBOVEN Natalie | BRAB | 59"00 | 9 | CRABBE Tatiana | VAC | 5'51"22 |
| 7 | JASPAERT Laura | EA | 59"00 | 10 | ROELANDTS Sophie | RCB | 5'53"70 |
| 9 | APERS Jolijn | WIBO | 59"34 | | | | |
| 10 | VANNESTE Lisa-Marie | FLAC | 59"46 | | | | |
| 800 METER | | | | | | | |
| 1 | MAVEAU Barbara | FLAC | 2'07"56 | 2 | MIJL | | |
| 2 | VAN ROYEN Nathalie | ACW | 2'09"08 | 1 | CLERX Natasja | LOOI | 11'57"84 |
| 3 | LAURENT Agnes | HF | 2'09"12 | 3000 METER | | | |
| 4 | PAREWYCK Mariska | LEBB | 2'11"86 | 1 | MAVEAU Barbara | FLAC | 09'13"87 |
| 5 | VAN DER STRICHT Lynn | VITA | 2'12"31 | 2 | STEFFENS Elke | ROBA | 09'52"75 |
| 6 | DESAEDELEER Annelore | OEH | 2'15"62 | 3 | VAN EYNDE Sarah | DCLA | 10'03"03 |
| 7 | BOLLEN Lize | DCLA | 2'16"50 | 4 | BELETE Meme* | FLAC | 10'10"96 |
| 8 | APERS Jolijn | WIBO | 2'17"41 | 5 | VANDENBUSSCHE Hanna | MACW | 10'13"57 |
| 9 | VAN BOXSTAEL Birgit | EA | 2'17"52 | 6 | DE WAELE Griet | DEIN | 10'16"60 |
| 10 | STEFFENS Elke | ROBA | 2'18"50 | 7 | CNOPS Vanja | VAMB | 10'17"03 |
| 1000 METER | | | | | | | |
| 1 | MAVEAU Barbara | FLAC | 2'45"65 | 8 | PERNET Natascha | ATLA | 10'22"85 |
| 2 | LAURENT Agnes | HF | 2'51"53 | 9 | CLERX Natasja | LOOI | 10'37"45 |
| 3 | VAN ROYEN Nathalie | ACW | 2'52"12 | 10 | LAUWAERT Nina | VOLH | 10'41"44 |
| 4 | STEFFENS Elke | ROBA | 2'55"72 | 5000 METER | | | |
| 5 | PAREWYCK Mariska | LEBB | 2'55"73 | 1 | DESAEDELEER Annelore | OEH | 17'08"24 |
| 6 | VAN DER STRICHT Lynn | VITA | 2'56"21 | 2 | VANDENBUSSCHE Hanna | MACW | 17'39"37 |
| 7 | VAN EYNDE Sarah | DCLA | 2'57"10 | 3 | CNOPS Vanja | VAMB | 18'06"14 |
| 8 | VAN BOXSTAEL Birgit | EA | 2'58"88 | 4 | DE WAELE Griet | DEIN | 18'19"18 |
| 9 | DESAEDELEER Annelore | OEH | 2'59"52 | 5 | LAUWAERT Nina | VOLH | 18'52"19 |
| 10 | APERS Jolijn | WIBO | 3'00"78 | 6 | JOHANNIS Stephanie | DUFF | 18'57"56 |
| 2000 METER | | | | | | | |
| 1 | MAVEAU Barbara | FLAC | 6'01"61 | 7 | CLERX Natasja | LOOI | 19'10"36 |
| 2 | STEFFENS Elke | ROBA | 6'22"94 | 8 | DE SMET Evelien | ASVO | 19'47"49 |
| 3 | PAULUS MARIE Anne | HERV | 6'48"65 | 9 | CRABBE Tatiana | VAC | 19'53"14 |
| 4 | FIEVEZ Catherine | USTA | 6'52"12 | 10 | VANGEEL Eline | LOOI | 20'27"54 |
| 5 | JOHANNIS Stephanie | DUFF | 6'59"31 | UURLOOP | | | |
| 6 | TRAPPENIERS Lesley | DCLA | 7'07"33 | 1 | CLERX Natasja | LOOI | 13.727m |
| 7 | CONTENT Linde | OB | 7'16"54 | 2 | NOBEN Annelies | TACT | 13.631m |
| 8 | PICAVET Sofie | ZELE | 7'16"67 | 3 | CRABBE Tatiana | VAC | 12.876m |
| 9 | NOULLET Annelise | USTA | 7'18"56 | 10.000 METER | | | |
| 10 | PIETERS Sophie | IXEL | 7'34"36 | 1 | VANDENBUSSCHE Hanna | MACW | 37'16"32 |
| 1500 METER | | | | | | | |
| 1 | MAVEAU Barbara | FLAC | 4'16"31 | 2 | DE SMET Evelien | ASVO | 42'00"73 |
| 2 | DESAEDELEER Annelore | OEH | 4'30"48 | 3 | CRABBE Tatiana | VAC | 43'34"41 |
| 3 | STEFFENS Elke | ROBA | 4'33"37 | 4 | CLERX Natasja | LOOI | 43'43"87 |
| 4 | VAN ROYEN Nathalie | ACW | 4'33"52 | 5 | VENS Saskia | AVR | 44'53"12 |
| 5 | LAURENT Agnes | HF | 4'34"60 | 6 | HEYLEN Annelies | AVZK | 47'22"47 |
| 6 | BELETE Meme* | FLAC | 4'35"30 | 7 | GEERAERTS Magali | CSF | 49'24"08 |
| 7 | PAREWYCK Mariska | LEBB | 4'35"53 | 200M HORDEN 0,762M/10H (DEMO) | | | |
| 8 | VAN EYNDE Sarah | DCLA | 4'37"93 | 1 | VAN DEN BOSSCHE Eline | ACME | 30"36 |
| 9 | DE WAELE Griet | DEIN | 4'44"78 | 2 | VAN HYFTE Gael | ACME | 31"57 |
| 10 | PERNET Natascha | ATLA | 4'47"47 | 3 | VERSCHOREN Sarah | AVZK | 33"15 |
| MIJL | | | | | | | |
| 1 | STEFFENS Elke | ROBA | 4'58"15 | 4 | CONTENT Linde | OB | 33"72 |
| 2 | VAN EYNDE Sarah | DCLA | 5'06"79 | 100M HORDEN 0,840M/10H | | | |
| 3 | VAN BOXSTAEL Birgit | EA | 5'19"26 | 1 | BROECKHOVE Liesbeth | RCG | 14"39 |
| | | | | 2 | NEUBOURG Evelyne | DAC | 15"06 |
| | | | | 3 | VANDAELE Nicky | ACME | 15"08 |
| | | | | 4 | FOUCART Clemence | SMAC | 15"13 |
| | | | | 5 | VAN HYFTE Gael | ACME | 15"23 |
| | | | | 6 | VAN DEN BROECK Sofie | LAT | 15"31 |

| | | | |
|----|-----------------------|------|-------|
| 7 | VERBEECK Liesbeth | ROBA | 15"37 |
| 8 | STEVENS Truus | VMOL | 15"72 |
| 9 | VAN DEN BOSSCHE Eline | ACME | 16"13 |
| 10 | KUFFER Liz | ULA | 16"16 |

400M HORDEN 0,762M/10H

| | | | |
|----|------------------------|------|-------|
| 1 | POISSONNIER Anais | FLAC | 63"20 |
| 2 | DUINSLAEGER Eva | ROBA | 65"26 |
| 3 | VERBOVEN Natalie | BRAB | 69"02 |
| 4 | CONTENT Linde | OB | 69"63 |
| 5 | HUYNEN Celine | HERV | 70"46 |
| 6 | MAHEE Celine | ACLE | 70"74 |
| 7 | VERSCHOREN Sarah | AVZK | 71"54 |
| 8 | MERCKX Marijke | VOLH | 73"01 |
| 9 | VAN DEN BOSSCHE Hannah | KAAG | 73"71 |
| 10 | VAN DEUN Laura | TUAC | 74"16 |

2000M STEEPLE

| | | | |
|---|----------------------|------|----------|
| 1 | DESAEDELEER Annelore | OEH | 06'43"55 |
| 2 | PEETERS Charlotte | BEHO | 07'34"81 |
| 3 | PICAVET Sofie | ZELE | 07'55"47 |
| 4 | DEBOECK Maaïke | GRIM | 08'01"13 |
| 5 | GADEYNE Wendy | AZW | 08'09"16 |

3000M STEEPLE

| | | | |
|---|----------------------|------|----------|
| 1 | DESAEDELEER Annelore | OEH | 10'32"87 |
| 2 | PERNET Natascha | ATLA | 10'52"21 |
| 3 | PICAVET Sofie | ZELE | 12'16"14 |
| 4 | GADEYNE Wendy | AZW | 12'37"62 |
| 5 | CONTENT Linde | OB | 12'50"36 |
| 6 | HOUBEN Jade | TACT | 14'37"34 |

4 X 100 METER

| | | | |
|---|-----------------------|------|-------|
| 1 | FLANDERS Athl.club | FLAC | 49"77 |
| 2 | SAMBRE ET MEUSE Ac | SMAC | 49"94 |
| 3 | REGIO OOST-BRAB. Atl. | ROBA | 50"05 |

4 X 400 METER

| | | | |
|---|---------------------|------|---------|
| 1 | FLANDERS Athl.club | FLAC | 4'04"68 |
| 2 | VOLHARDING Atletiek | VOLH | 4'28"07 |

4 X 800 METER

| | | | |
|---|-------------------------|------|----------|
| 1 | DARING CLUB LEUVEN Atl. | DCLA | 09'34"39 |
| 2 | VILVOORDE Ac | VAC | 09'51"82 |
| 3 | VOLHARDING Atletiek | VOLH | 10'09"28 |
| 4 | AC Lanaken | ATLA | 11'15"99 |

HOOGSPRINGEN

| | | | |
|----|----------------------|------|------|
| 1 | KUFFER Liz | ULA | 1m71 |
| 2 | STEVENS Truus | VMOL | 1m68 |
| 3 | VERBEECK Liesbeth | ROBA | 1m66 |
| 4 | LAMMENS Iris | ROBA | 1m61 |
| 5 | BROECKHOVE Liesbeth | RCG | 1m60 |
| 6 | COLSON Lien | DCLA | 1m58 |
| 6 | VAN HOLLE Veerle | RIEM | 1m58 |
| 8 | FEYS Tina | HAC | 1m53 |
| 9 | VANDERMOSTEN Jessica | WS | 1m52 |
| 10 | VERCAMMEN Eveline | ACBR | 1m51 |

VERSPRINGEN

| | | | |
|---|--------------------|------|------|
| 1 | HERSSENS Stephanie | DCLA | 5m61 |
| 2 | WOSTYN Lore | KAAG | 5m58 |

| | | | |
|----|----------------------|------|------|
| 3 | VERCAMMEN Eveline | ACBR | 5m56 |
| 4 | STEVENS Truus | VMOL | 5m46 |
| 5 | VAN DEN BROECK Sofie | LAT | 5m45 |
| 6 | BROECKHOVE Liesbeth | RCG | 5m40 |
| 7 | CALLEMEYN Linda* | AVT | 5m38 |
| 8 | KIZUANI Flora | RFCL | 5m28 |
| 9 | DEVOLDER Kristl | KKS | 5m27 |
| 10 | MEYLEMANS Kim | RCG | 5m22 |

HINKSTAPSPRINGEN

| | | | |
|----|----------------------|------|-------|
| 1 | KIZUANI Flora | RFCL | 11m83 |
| 2 | MOMMEN Nele | ACA | 11m58 |
| 3 | HERSSENS Stephanie | DCLA | 11m47 |
| 4 | WOSTYN Lore | KAAG | 11m20 |
| 5 | VERCAMMEN Eveline | ACBR | 11m15 |
| 6 | BROECKHOVE Liesbeth | RCG | 11m01 |
| 7 | VANDERMOSTEN Jessica | WS | 10m95 |
| 8 | MEYLEMANS Kim | RCG | 10m87 |
| 8 | VERHEYEN Liesbeth | ACHL | 10m87 |
| 10 | VANDEWALLE Tine | OB | 10m42 |

POLSSTOKSPRINGEN

| | | | |
|----|--------------------|------|------|
| 1 | COLSON Lien | DCLA | 3m40 |
| 2 | GEMINE Pauline | SMAC | 3m25 |
| 3 | VANUYTVEN Tinne | VMOL | 3m10 |
| 4 | BAILLEUX Sophie | SMAC | 3m05 |
| 5 | VAN CAUTEREN Anke | ZELE | 3m04 |
| 6 | RICHARD ANNE Lise | ULA | 3m00 |
| 7 | DEMASURE Sien | FLAC | 2m80 |
| 8 | DEFAWES Amelie | RFCL | 2m70 |
| 9 | DE MASURE Sien | FLAC | 2m60 |
| 10 | SCHREINER Samantha | ARCH | 2m51 |
| 10 | GEERAERTS Magali | CSF | 2m51 |

KOGELSTOTEN 4,000KG

| | | | |
|----|---------------------|------|-------|
| 1 | PEETROONS Annelies | OEH | 13m56 |
| 2 | CALLEMEYN Linda* | AVT | 12m72 |
| 3 | MEEUS Kirsten | DCLA | 12m53 |
| 4 | NEVEN Esther | AVT | 11m35 |
| 5 | STRUYS Ilse | OLSE | 11m07 |
| 6 | LOWY Avigaelle | WS | 10m98 |
| 7 | STOCK Aurelie | HF | 10m94 |
| 8 | VANDEN BROECK Sofie | VAC | 10m77 |
| 9 | BOUGOIS Julie | EAH | 10m18 |
| 10 | DETHIER Sophie | HF | 10m06 |

DISCUSWERPEN 1,000KG

| | | | |
|----|---------------------|------|-------|
| 1 | PEETROONS Annelies | OEH | 54m42 |
| 2 | VANDEN BROECK Sofie | VAC | 45m68 |
| 3 | CALLEMEYN Linda* | AVT | 42m15 |
| 4 | LOWY Avigaelle | WS | 42m11 |
| 5 | MOONEN Tessy | AVT | 39m77 |
| 6 | NEVEN Esther | AVT | 38m44 |
| 7 | RAGATUSO Julie | RFCL | 36m00 |
| 8 | LEJEUNE Sandrine | HERV | 34m68 |
| 9 | VAN GOOL Dorien | SPBO | 32m64 |
| 10 | MEEUS Kirsten | DCLA | 32m36 |

SPEERWERPEN

| | | | |
|---|---------------|------|-------|
| 1 | STRUYS Ilse | OLSE | 50m54 |
| 2 | MEEUS Kirsten | DCLA | 43m61 |
| 3 | LEYNS An | KAAG | 43m56 |

| | | |
|----|------------------------------|------------|
| 4 | VAN HAUWERMEIREN KatrijnZELE | 39m12 |
| 5 | VAN DER BRACHT Lien | ACG 39m05 |
| 6 | LEYNS Ann | KAAG 38m61 |
| 7 | DAUW Marjolein | ACG 37m35 |
| 8 | STYVEN Eline | GENK 35m93 |
| 9 | KUFFER Liz | ULA 34m95 |
| 10 | PEETERS Elisa | DCLA 34m32 |

HAMERSLINGEREN 4,000KG

| | | |
|----|--------------------------|------------|
| 1 | DESPONTIN Coralie | ARCH 43m71 |
| 2 | COOSEMANS Anne | HUY 40m22 |
| 3 | UWILINGIYIMANA Felicite* | SMAC 39m58 |
| 4 | VAN DEN KERCKHOVE Lies | HALE 38m25 |
| 5 | TYTGAT ANN Sophie | AVR 34m02 |
| 6 | DAVIN Geraldine | DAMP 31m14 |
| 7 | DE BORGER Karen | AVLO 29m32 |
| 8 | COOLS Mieke | BRAB 24m63 |
| 9 | CONTENT Linde | OB 22m81 |
| 10 | VAN DER BRACHT Lien | ACG 19m24 |

ZEVENKAMP

| | | |
|----|----------------------|----------------|
| 1 | BROECKHOVE Liesbeth | RCG 4.410 ptn |
| 2 | KUFFER Liz | ULA 4.374 ptn |
| 3 | VAN DEN BROECK Sofie | LAT 4.297 ptn |
| 4 | STEVENS Truus | VMOL 4.128 ptn |
| 5 | VERCAMMEN Eveline | ACBR 4.090 ptn |
| 6 | MEYLEMANS Kim | RCG 3.902 ptn |
| 7 | FOUCART Clemence | SMAC 3.884 ptn |
| 8 | OUASSAL Insaf | DAC 3.472 ptn |
| 9 | LAMMENS Iris | ROBA 3.449 ptn |
| 10 | VANDERMOSTEN Jessica | WS 3.297 ptn |

5KAMP

| | | |
|---|----------------------|----------------|
| 1 | VAN DEN BROECK Sofie | LAT 2.719 ptn |
| 2 | MAHEE Celine | ACLE 2.091 ptn |
| 3 | BRAEMS Bekkie | AZW 1.938 ptn |

scholieren

100 METER

| | | |
|----|-------------------|------------|
| 1 | ZAGRE Anne | RCB 12"02 |
| 2 | THYS Siska | ACME 12"16 |
| 3 | STOFFELS Corinne | LACE 12"34 |
| 4 | DEMUYNCK Lissa | HAC 12"37 |
| 5 | VAN BREMPT Jolien | ACBR 12"39 |
| 6 | MOONEN Sanne | AVT 12"43 |
| 7 | MEYLEMANS Kaat | RCG 12"51 |
| 8 | DIOP Laura | CABW 12"57 |
| 9 | WALLAERT Annelynn | FLAC 12"63 |
| 10 | DELIEVER Dana | AVT 12"65 |

200 METER

| | | |
|----|-------------------|------------|
| 1 | VAN BREMPT Jolien | ACBR 24"84 |
| 2 | THYS Siska | ACME 25"11 |
| 3 | ZAGRE Anne | RCB 25"12 |
| 4 | MOONEN Sanne | AVT 25"25 |
| 5 | STOFFELS Corinne | LACE 25"26 |
| 6 | DELIEVER Dana | AVT 25"37 |
| 7 | DIOP Laura | CABW 25"79 |
| 8 | DE WAEL Els | AVLO 25"81 |
| 9 | WALLAERT Annelynn | FLAC 25"98 |
| 10 | DEMUYNCK Lissa | HAC 26"05 |

300 METER

| | | |
|----|-------------------|------------|
| 1 | THYS Siska | ACME 40"06 |
| 2 | VAN BREMPT Jolien | ACBR 40"94 |
| 3 | RAES Jessie | HAC 41"54 |
| 4 | WALLAERT Annelynn | FLAC 41"59 |
| 5 | VAN GESTEL Bo | VMOL 41"77 |
| 6 | WAUTERS Rayah | LOOI 41"86 |
| 7 | MOONEN Sanne | AVT 41"88 |
| 8 | MOSELMANS Britt | OEH 41"92 |
| 9 | DE WAEL Els | AVLO 42"10 |
| 10 | SCIMECA Lina | USBW 42"15 |

400 METER

| | | |
|----|-------------------|------------|
| 1 | DE GRANDE Lindsey | OB 57"29 |
| 2 | WALLAERT Annelynn | FLAC 57"77 |
| 3 | REYKERS Elke | AVT 57"95 |
| 4 | VAN BREMPT Jolien | ACBR 58"07 |
| 5 | RAES Jessie | HAC 58"25 |
| 6 | MEERT Cynthia | LEBB 58"52 |
| 7 | STOFFELS Corinne | LACE 58"56 |
| 8 | WAUTERS Rayah | LOOI 58"86 |
| 9 | VAN GESTEL Bo | VMOL 58"87 |
| 10 | MAHIEU Charlotte | DAMP 58"91 |

800 METER

| | | |
|----|-------------------|--------------|
| 1 | DE GRANDE Lindsey | OB 2'07"11 |
| 2 | MAHIEU Charlotte | DAMP 2'08"74 |
| 3 | VAN ACCOM Sofie | ACHL 2'11"56 |
| 4 | SCHILS Marlies | MAC 2'12"25 |
| 5 | VAN GESTEL Bo | VMOL 2'13"44 |
| 6 | FOQUE Nikki | WIBO 2'13"83 |
| 7 | DEJONGHE Eva | HCO 2'13"87 |
| 8 | DAENENS Charlotte | OB 2'14"01 |
| 9 | MURRAY Kelly | ADD 2'14"03 |
| 10 | DEDEYNE Elke | HAC 2'14"67 |

1000 METER

| | | |
|----|-----------------------|--------------|
| 1 | DE GRANDE Lindsey | OB 2'46"14 |
| 2 | MAHIEU Charlotte | DAMP 2'50"72 |
| 3 | VAN ACCOM Sofie | ACHL 2'53"64 |
| 4 | BELLEMANS Hannelore | LAT 2'54"91 |
| 5 | VANDE RIVIERE Katrijn | DEIN 2'57"98 |
| 6 | VAN DE VOORDE Lies | DUFF 2'58"06 |
| 7 | MOL Elodie | USTA 2'58"28 |
| 8 | FOQUE Nikki | WIBO 2'58"51 |
| 9 | VAN GESTEL Bo | VMOL 2'58"60 |
| 10 | SCHILS Marlies | MAC 2'59"74 |

2000 METER

| | | |
|----|----------------------|--------------|
| 1 | TALLY Lisa | AVR 6'51"91 |
| 2 | VAN BOCKSTAL Saartje | VS 6'54"50 |
| 3 | HEYLEN Els | AVZK 6'58"05 |
| 4 | MUNSTER Laura | HUY 7'03"00 |
| 5 | VAN ACCOM Sofie | ACHL 7'07"38 |
| 6 | LEYSEN Leen | SWIN 7'14"94 |
| 7 | VAN DYCK Stephanie | LOOI 7'21"03 |
| 8 | GALLA Anna | RCG 7'30"42 |
| 9 | HAECK Ashley | AVMO 7'37"39 |
| 10 | VERSCHAEVE Cindy | AZW 7'45"41 |

1500 METER

| | | |
|---|-------------------|------------|
| 1 | DE GRANDE Lindsey | OB 4'25"03 |
|---|-------------------|------------|

| | | | |
|----|---------------------|------|---------|
| 2 | MAHIEU Charlotte | DAMP | 4'33"51 |
| 3 | MAHIEU Margot | DAMP | 4'37"22 |
| 4 | SCHILS Marlies | MAC | 4'38"61 |
| 5 | VAN ACCOM Sofie | ACHL | 4'39"29 |
| 6 | FOQUE Nikki | WIBO | 4'39"61 |
| 7 | VAN LOOY Katrien | ACHL | 4'41"68 |
| 8 | COOLS Nele | BRAB | 4'42"57 |
| 9 | BELLEMANS Hannelore | LAT | 4'43"07 |
| 10 | DEJONGHE Eva | HCO | 4'43"41 |

MIJL

| | | | |
|----|---------------------|------|---------|
| 1 | VAN ACCOM Sofie | ACHL | 5'13"77 |
| 2 | DEDEYNE Elke | HAC | 5'21"21 |
| 3 | VAN GESTEL Bo | VMOL | 5'22"66 |
| 4 | VANDEVELDE Liesbeth | FLAC | 5'28"15 |
| 5 | OOGHE Kathy | DAC | 5'33"20 |
| 6 | BEX Tine | VITA | 5'33"56 |
| 7 | CRAUWELS Yenthe | DAC | 5'34"11 |
| 8 | VISSERS Anja | ATLA | 5'35"07 |
| 9 | BOUVY Sarah | CRAC | 5'42"45 |
| 10 | PEETERS Silke | AVOS | 5'43"84 |

3000 METER

| | | | |
|----|-----------------------|------|----------|
| 1 | FOQUE Nikki | WIBO | 10'19"49 |
| 2 | VANDE RIVIERE Katrijn | DEIN | 10'21"08 |
| 3 | MOL Elodie | USTA | 10'21"85 |
| 4 | DEDEYNE Elke | HAC | 10'23"25 |
| 5 | VANDEWALLE Charlotte | HAC | 10'25"83 |
| 6 | DE CONINCK Lynn | LAT | 10'28"39 |
| 7 | MAHIEU Margot | DAMP | 10'30"83 |
| 8 | SCHILS Marlies | MAC | 10'33"82 |
| 9 | DE HAES Evelien | HULS | 10'35"25 |
| 10 | VAN BOCKSTAL Saartje | VS | 10'36"10 |

200M HORDEN 0,762M/10H (demo)

| | | | |
|----|-------------------|------|-------|
| 1 | VAN BREMPT Jolien | ACBR | 29"76 |
| 2 | KINDT Thalia | VAMB | 32"47 |
| 3 | NYS Inge | VS | 32"92 |
| 4 | PITTEVILS Inge | RCT | 33"26 |
| 5 | ACKERMAN Aurelie | DAC | 34"28 |
| 6 | BOGAERTS Kim | SWIN | 34"40 |
| 7 | PLATTEEUW Jana | FLAC | 34"47 |
| 8 | PICAVET Ilse | ZELE | 34"76 |
| 9 | WOUTERS Anne | SWIN | 35"36 |
| 10 | VAN DAELE Kari | FLAC | 36"94 |

100M HORDEN 0,762M/10H

| | | | |
|----|-------------------|------|-------|
| 1 | THYS Siska | ACME | 13"37 |
| 2 | CINCINATIS Lucie | CABW | 14"29 |
| 3 | ZAGRE Anne | RCB | 14"33 |
| 4 | VAN BREMPT Jolien | ACBR | 14"54 |
| 5 | TACHELET Celine | ROBA | 14"60 |
| 5 | MOONEN Sanne | AVT | 14"60 |
| 7 | DESMET Hannelore | AVT | 14"64 |
| 8 | SCHOOFS Hanne | AVT | 14"91 |
| 9 | DESMET Valerie | KAAG | 15"31 |
| 10 | PLATTEEUW Jana | FLAC | 15"34 |

400M HORDEN 0,762M/10H

| | | | |
|---|--------------------|------|-------|
| 1 | VAN BREMPT Jolien | ACBR | 61"75 |
| 2 | SCHOOFS Hanne | AVT | 63"34 |
| 3 | RAES Jessie | HAC | 63"40 |
| 4 | CICCARELLI Deborah | RCAS | 64"20 |

| | | | |
|----|-----------------|------|-------|
| 5 | TALLY Lisa | AVR | 64"56 |
| 6 | MAHIEU Margot | DAMP | 64"76 |
| 7 | BOMANS Lore | AVT | 65"27 |
| 8 | MEERT Cynthia | LEBB | 65"42 |
| 9 | TACHELET Celine | ROBA | 65"46 |
| 10 | WAUTERS Rayah | LOOI | 65"71 |

2000M STEEPLE

| | | | |
|----|-----------------------|------|----------|
| 1 | MAHIEU Charlotte | DAMP | 06'41"9 |
| 2 | FOQUE Nikki | WIBO | 07'09"31 |
| 3 | GOETHALS Delphine | KAAG | 07'24"59 |
| 4 | VANHENTENRIJK Goedele | DCLA | 07'35"51 |
| 5 | VAN DE MERGEL Eva | HAMM | 07'40"66 |
| 6 | VANHECK Evelien | ACW | 07'48"98 |
| 7 | BAUDINET Chloe | CSF | 07'57"75 |
| 8 | ROELS Sarah | AZW | 08'01"80 |
| 9 | VAN DAELE Kari | FLAC | 08'11"33 |
| 10 | VAN UYTVANGHE Fien | VAC | 08'15"31 |

4 X 100 METER

| | | | |
|----|-------------------------------|------|-------|
| 1 | AV Toekomst | AVT | 48"03 |
| 2 | CA BRABANT Wallon | CABW | 49"44 |
| 3 | OLYMPIC ESSENBECK Halle | OEH | 50"58 |
| 4 | KON. AC Oudenaarde | ASVO | 51"16 |
| 5 | AC Herentals | ACHL | 51"46 |
| 6 | REISCH Tania | LACE | 51"54 |
| 7 | VILVOORDE Ac | VAC | 51"66 |
| 8 | HOUTLAND Ac | HAC | 51"97 |
| 9 | Lace | LACE | 52"07 |
| 10 | VRIENDEN IN TOEKOMST AtI.VITA | | 52"13 |

4 X 800 METER

| | | | |
|---|--------------------|------|----------|
| 1 | AV Toekomst | AVT | 09'35"86 |
| 2 | HOUTLAND Ac | HAC | 09'39"67 |
| 3 | ATLETIEK Zuid-West | AZW | 09'47"18 |
| 4 | VLIERZELE Sportief | VS | 10'03"97 |
| 5 | AC Herentals | ACHL | 10'12"99 |

HOOGSPRINGEN

| | | | |
|---|------------------|------|------|
| 1 | DESMET Hannelore | AVT | 1m78 |
| 2 | ROQUET Alison | HERV | 1m70 |
| 3 | REISCH Tania | LACE | 1m69 |
| 4 | BEYENS Robinn | MACW | 1m66 |
| 5 | MONTENAIR Audrey | OCAN | 1m61 |
| 6 | MOONEN Sanne | AVT | 1m60 |
| 6 | NYS Inge | VS | 1m60 |
| 8 | DE WILDE Jilke | HCO | 1m59 |
| 8 | DUSSARD Maurine | SER | 1m59 |
| 8 | DE BIE Charlotte | LIER | 1m59 |
| 8 | VAN LAER Griet | ACHL | 1m59 |

VERSPRINGEN

| | | | |
|----|-------------------|------|------|
| 1 | ROQUET Alison | HERV | 5m74 |
| 2 | VAN BREMPT Jolien | ACBR | 5m73 |
| 3 | DESMET Hannelore | AVT | 5m69 |
| 3 | MOONEN Sanne | AVT | 5m69 |
| 5 | DE WAEL Els | AVLO | 5m59 |
| 6 | ZAGRE Anne | RCB | 5m57 |
| 7 | DIOP Laura | CABW | 5m42 |
| 8 | MEYLEMANS Kaat | RCG | 5m39 |
| 9 | BOMANS Lore | AVT | 5m27 |
| 10 | JANQUART Nina | VITA | 5m25 |

HINGSTAPSPRINGEN

| | | | |
|----|-------------------|------|-------|
| 1 | VAN BREMPT Jolien | ACBR | 12m61 |
| 2 | ZAGRE Anne | RCB | 12m08 |
| 3 | NYS Inge | VS | 11m48 |
| 4 | MOONEN Sanne | AVT | 11m09 |
| 5 | DIOP Laura | CABW | 11m07 |
| 6 | PEETERS Jana | AVT | 11m06 |
| 7 | BOMANS Lore | AVT | 11m00 |
| 8 | MAGNIER Laure | RCB | 10m82 |
| 8 | BEYENS Robinn | MACW | 10m82 |
| 10 | WALLAERT Annelynn | FLAC | 10m75 |

POLSSTOKSPRINGEN

| | | | |
|----|-------------------|------|------|
| 1 | WILLEMEN Jozefien | ACBR | 3m25 |
| 2 | DEMEYERE Lynn | AZW | 3m15 |
| 3 | GHOOS Kristel | ACBR | 3m00 |
| 4 | MARTENS Lore | VOLH | 2m90 |
| 5 | AVRIL Claire | SMAC | 2m80 |
| 5 | BEDNAREK Pauline | OSGA | 2m80 |
| 7 | DESMET Valerie | KAAG | 2m60 |
| 8 | DAEMEN Lindsey | VOLH | 2m58 |
| 9 | MORTIER Lucile | RCB | 2m50 |
| 10 | BEYENS Robinn | MACW | 2m44 |
| 10 | LEYS Caroline | VOLH | 2m44 |

KOGELSTOTEN 4,000KG

| | | | |
|----|---------------------|------|-------|
| 1 | HELLEBUYCK Anouska | DEIN | 12m20 |
| 2 | GEUSSENS Ariane | ESAK | 11m65 |
| 3 | DE WAEL Els | AVLO | 11m64 |
| 4 | SCIMECA Anna* | USBW | 11m47 |
| 5 | HICKETICK Sarah | ROBA | 11m41 |
| 6 | VAN DEN HENDE Sara | AVLO | 11m26 |
| 7 | VAN PUYVELDE Hannah | SPBO | 11m12 |
| 8 | GOVAERTS Sofie | LOOI | 10m93 |
| 9 | VANTHILLO Lynn | ESAK | 10m92 |
| 10 | STERCKX Inne | ACHL | 10m67 |

DISCUSWERPEN 1,000KG

| | | | |
|----|---------------------|------|-------|
| 1 | HELLEBUYCK Anouska | DEIN | 43m44 |
| 2 | HICKETICK Sarah | ROBA | 38m66 |
| 3 | SCIMECA Anna* | USBW | 37m66 |
| 4 | GOVAERTS Sofie | LOOI | 37m56 |
| 5 | GEUSSENS Ariane | ESAK | 37m22 |
| 6 | VAN PUYVELDE Hannah | SPBO | 35m99 |
| 7 | VAN DEN HENDE Sara | AVLO | 34m86 |
| 8 | JANSSEN Elien | AVT | 34m18 |
| 9 | VANTHILLO Lynn | ESAK | 33m80 |
| 10 | COENEN Debbie | VOLH | 33m26 |

SPEERWERPEN 600G

| | | | |
|----|---------------------|------|-------|
| 1 | VERBIJST Anne | SGOL | 47m29 |
| 2 | VAN PUYVELDE Hannah | SPBO | 37m67 |
| 3 | SMET Sally | ACW | 37m57 |
| 4 | NYS Inge | VS | 35m27 |
| 4 | JANSSEN Elien | AVT | 35m27 |
| 6 | GOOSSENS Veronique | ACW | 34m38 |
| 7 | DUBOIS Manon | SPA | 33m42 |
| 8 | WILLEKENS Karen | VMOL | 33m22 |
| 9 | PEETERS Laura | ACHL | 32m67 |
| 10 | LANSSSENS Caroline | AVT | 32m49 |

HAMERSLINGEREN 4,000KG

| | | | |
|----|---------------------|------|-------|
| 1 | VANBLAERE Harmke | MACW | 47m15 |
| 2 | NEYS Frederique | DCLA | 44m85 |
| 3 | KNAEPEN Ditte | ACA | 38m58 |
| 4 | LAURENT Sophie | DAMP | 37m85 |
| 5 | DANIELS Nanoushka | BRAB | 36m21 |
| 6 | VANUYTVEN Valentien | ACHL | 35m17 |
| 7 | QUASTEN Evelyn | VOLH | 31m19 |
| 8 | SCHMITZ Jennifer | HF | 28m33 |
| 9 | BEYENS Sanne | MACW | 27m01 |
| 10 | DUMONT Aurelie | DS | 26m64 |

5KAMP

| | | | |
|----|---------------------|------|-----------|
| 1 | NYS Inge | VS | 2.944 ptn |
| 2 | MEERT Cynthia | LEBB | 2.900 ptn |
| 3 | TALLY Lisa | AVR | 2.567 ptn |
| 4 | PEETERS Jana | AVT | 2.566 ptn |
| 5 | D'HUYVETTER Melanie | AZW | 2.519 ptn |
| 6 | CUPPERS Lize | AVT | 2.418 ptn |
| 7 | VERHOEVEN Hannah | DUFF | 2.408 ptn |
| 8 | VANCLOOSTER Lore | AVR | 2.344 ptn |
| 9 | PICAVET Ilse | ZELE | 2.069 ptn |
| 10 | LOOTENS Ellen | RCG | 2.058 ptn |

ZEVENKAMP

| | | | |
|----|-------------------|------|-----------|
| 1 | DESMET Hannelore | AVT | 4.844 ptn |
| 2 | DE WAEL Els | AVLO | 4.723 ptn |
| 3 | MOONEN Sanne | AVT | 4.651 ptn |
| 4 | VAN BREMPT Jolien | ACBR | 4.514 ptn |
| 5 | SCHOOF Hanne | AVT | 4.229 ptn |
| 6 | MEERT Cynthia | LEBB | 4.223 ptn |
| 7 | ZAGRE Anne | RCB | 4.149 ptn |
| 8 | NYS Inge | VS | 4.080 ptn |
| 9 | BOMANS Lore | AVT | 3.983 ptn |
| 10 | GEUSSENS Ariane | ESAK | 3.964 ptn |

cadetten

100 METER

| | | | |
|----|--------------------|------|-------|
| 1 | DE MOOR Inge | KAAG | 12"45 |
| 2 | VANNIEUWENHUYSE An | VS | 12"48 |
| 3 | BERTELS Kristel | LIER | 12"50 |
| 4 | COZIJNS Lindsay | ASVO | 12"58 |
| 5 | DE GEEST Lize | LEBB | 12"69 |
| 6 | VANHAEREN Saskia | ATLA | 12"74 |
| 7 | INGANGÉ Davina | OLSE | 12"77 |
| 8 | REMACLE LAURE Anne | BBS | 12"80 |
| 8 | PROCUREUR Fanny | MOHA | 12"80 |
| 10 | GILLES Coralie | CABW | 12"84 |

200 METER

| | | | |
|----|--------------------|------|-------|
| 1 | VANNIEUWENHUYSE An | VS | 25"30 |
| 2 | DE MOOR Inge | KAAG | 25"48 |
| 3 | BERTELS Kristel | LIER | 25"58 |
| 4 | DE GEEST Lize | LEBB | 25"97 |
| 5 | BOUILLON Priscilla | OSGA | 26"03 |
| 6 | VANHAEREN Saskia | ATLA | 26"05 |
| 7 | TORMANS Shana | VMOL | 26"08 |
| 8 | REMACLE LAURE Anne | BBS | 26"17 |
| 9 | DE JANS Marlien | DEIN | 26"23 |
| 10 | VAN DAMME Lissa | ACBR | 26"28 |
| 10 | COZIJNS Lindsay | ASVO | 26"28 |

300 METER

| | | | |
|----|--------------------|------|-------|
| 1 | TORMANS Shana | VMOL | 40"91 |
| 2 | VANNIEUWENHUYSE An | VS | 41"31 |
| 3 | REMACLE LAURE Anne | BBS | 41"98 |
| 4 | VAN MULDER'S Femke | LAT | 42"34 |
| 5 | LABEYE Wendy | HF | 42"46 |
| 6 | SIX Evy | AVR | 42"57 |
| 7 | ERARD Segolene | BBS | 42"67 |
| 8 | DE MOOR Inge | KAAG | 42"69 |
| 9 | ALLAERT Elodie | ROBA | 42"72 |
| 10 | LANNOO Lien | BEHO | 42"73 |

400 METER

| | | | |
|----|--------------------|------|-------|
| 1 | TORMANS Shana | VMOL | 58"25 |
| 2 | SIX Evy | AVR | 58"64 |
| 3 | ROGIERS Joni | AZW | 58"78 |
| 4 | VANDENBERGHE Yentl | OB | 59"00 |
| 5 | GILLES Coralie | CABW | 59"24 |
| 6 | ALLAERT Elodie | ROBA | 59"31 |
| 7 | DE SOUSA Natasja | AVT | 59"34 |
| 8 | DE GEEST Lize | LEBB | 59"47 |
| 9 | VANFLETEREN Riet | LEBB | 59"53 |
| 10 | VAN DORPE Dorien | VITA | 60"07 |

800 METER

| | | | |
|----|---------------------|------|---------|
| 1 | BRY'S Sofie | ACW | 2'14"94 |
| 2 | VANDENBERGHE Yentl | OB | 2'14"97 |
| 3 | VAN MULDER'S Femke | LAT | 2'16"92 |
| 4 | DENIS Tessa | DUFF | 2'17"52 |
| 5 | POLLENTIER Liesbeth | HCO | 2'18"08 |
| 6 | DE WIN Dinja | DAC | 2'18"14 |
| 7 | VERBEECK Tatjana | ROBA | 2'18"85 |
| 8 | LAUWERS Sofie | RAM | 2'19"26 |
| 9 | VANGANSBEKE Zenobie | KAAG | 2'19"76 |
| 10 | SPIESSENS Tine | ACHL | 2'20"41 |

1000 METER

| | | | |
|----|---------------------|------|---------|
| 1 | POLLENTIER Liesbeth | HCO | 3'01"24 |
| 2 | VANGANSBEKE Zenobie | KAAG | 3'02"54 |
| 3 | DALEMANS Eline | KAAG | 3'03"03 |
| 4 | DENIS Tessa | DUFF | 3'03"32 |
| 5 | HENS Evy | ESAK | 3'03"48 |
| 6 | BOGAERT Alison | AVR | 3'03"91 |
| 7 | BRY'S Sofie | ACW | 3'04"36 |
| 8 | VERBEECK Tatjana | ROBA | 3'04"40 |
| 9 | DE WIN Dinja | DAC | 3'04"64 |
| 10 | ABEELE Maddelin | MACW | 3'05"30 |

2000 METER

| | | | |
|----|---------------------------|------|---------|
| 1 | WARPY Lien | DUFF | 6'38"11 |
| 2 | VERBEECK Tatjana | ROBA | 6'48"00 |
| 3 | BOSMANS Kim | AVT | 6'48"26 |
| 4 | HENS Evy | ESAK | 6'48"42 |
| 5 | GABRIEL Cyrielle | MALM | 6'57"25 |
| 6 | GALLEIN Sofie | AVR | 6'58"69 |
| 7 | HEYLEN Katherine | AVZK | 7'02"32 |
| 8 | TRUYERS Goele | VMOL | 7'02"63 |
| 9 | DE MAESSCHALCK Ann-Sophie | AVLO | 7'03"38 |
| 10 | KEIRSMAEKERS Jolien | LOOI | 7'03"49 |

1500 METER

| | | | |
|---|------------------|------|---------|
| 1 | VERBEECK Tatjana | ROBA | 4'41"40 |
|---|------------------|------|---------|

| | | | |
|----|---------------------|------|---------|
| 2 | DE WIN Dinja | DAC | 4'41"60 |
| 3 | DALEMANS Eline | KAAG | 4'42"10 |
| 4 | POLLENTIER Liesbeth | HCO | 4'44"52 |
| 5 | VANGANSBEKE Zenobie | KAAG | 4'45"61 |
| 6 | DEBOTH Eline | DCLA | 4'46"00 |
| 7 | HENS Evy | ESAK | 4'48"74 |
| 8 | VAN REETH Fran | HALE | 4'49"04 |
| 9 | BOSMANS Kim | AVT | 4'50"95 |
| 10 | DENIS Tessa | DUFF | 4'51"00 |

MIJL

| | | | |
|----|---------------------------|------|---------|
| 1 | GALLEIN Sofie | AVR | 5'20"45 |
| 2 | HENS Evy | ESAK | 5'25"91 |
| 3 | WARPY Lien | DUFF | 5'26"91 |
| 4 | VAN REETH Fran | HALE | 5'26"98 |
| 5 | VERDONCK Michelle | SACN | 5'27"26 |
| 6 | DE WULF Yasmine | OB | 5'29"46 |
| 7 | DE MAESSCHALCK Ann-Sophie | AVLO | 5'29"50 |
| 8 | TRUYERS Goele | VMOL | 5'29"74 |
| 9 | BOSMANS Kim | AVT | 5'30"21 |
| 10 | MONFILS Pauline | CABW | 5'30"82 |

200M HORDEN 0,762M/10H (demo)

| | | | |
|----|---------------------|------|-------|
| 1 | VANNIEUWENHUYSE An | VS | 29"76 |
| 2 | VANLOMMEL Liesbeth | LYRA | 31"21 |
| 3 | STAELS Veerle | KAPE | 31"22 |
| 4 | D'HEER Jolien | ZELE | 31"61 |
| 5 | DE RYCK Aurelie | LYRA | 32"31 |
| 6 | ROSSAERT Isaura | ACW | 34"54 |
| 7 | VAN EECKE Charlotte | ASVO | 35"03 |
| 8 | VERMEIR Aurelie | STAX | 35"64 |
| 9 | DELVOU Lisa | BRAB | 35"90 |
| 10 | VAN EECKE Louise | ASVO | 36"04 |

80M HORDEN 0,762M/8H

| | | | |
|----|--------------------|------|-------|
| 1 | VANNIEUWENHUYSE An | VS | 11"54 |
| 2 | DE MOOR Inge | KAAG | 11"74 |
| 3 | BERTELS Kristel | LIER | 12"07 |
| 4 | ANDRIES Nathalie | ROBA | 12"28 |
| 5 | LABEYE Wendy | HF | 12"32 |
| 6 | VERMYL Doukje | AVT | 12"43 |
| 7 | VERCRUYSSSE Jesse | AVR | 12"47 |
| 8 | GILLES Coralie | CABW | 12"52 |
| 9 | DE RYCK Aurelie | LYRA | 12"55 |
| 10 | MOUZON Emmanuelle | RESC | 12"56 |
| 10 | TORMANS Shana | VMOL | 12"56 |

300M HORDEN 0,762M/7H

| | | | |
|----|---------------------|------|-------|
| 1 | VERMYL Doukje | AVT | 44"79 |
| 2 | TORMANS Shana | VMOL | 44"85 |
| 3 | GILLES Coralie | CABW | 45"60 |
| 4 | VANNIEUWENHUYSE An | VS | 46"16 |
| 5 | LANNOO Lien | BEHO | 46"18 |
| 6 | STAELS Veerle | KAPE | 46"48 |
| 7 | MOUZON Emmanuelle | RESC | 46"52 |
| 8 | LABEYE Wendy | HF | 46"69 |
| 9 | VAN EECKE Charlotte | ASVO | 47"14 |
| 10 | VOET Enya | VAC | 47"16 |

1500M STEEPLE 0,762M

| | | | |
|---|----------------|------|---------|
| 1 | DALEMANS Eline | KAAG | 4'59"58 |
| 2 | DE WIN Dinja | DAC | 5'13"30 |

| | | | |
|----|---------------------------|------|---------|
| 3 | POLLENTIER Liesbeth | HCO | 5'14"16 |
| 4 | HENS Evy | ESAK | 5'14"56 |
| 5 | BOGAERT Alison | AVR | 5'16"24 |
| 6 | VERDONCK Michelle | SACN | 5'20"93 |
| 7 | DE MAESSCHALCK Ann-Sophie | AVLO | 5'30"62 |
| 8 | BERGMANN Laurence | OEH | 5'32"57 |
| 9 | HEYLEN Katherine | AVZK | 5'33"70 |
| 10 | VAN HESSCHE Hanne | ASVO | 5'34"84 |

4 X 100 METER

| | | | |
|----|--------------------------|------|-------|
| 1 | VLIERZELE Sportief | VS | 49"53 |
| 2 | AC Lebbeke | LEBB | 50"21 |
| 3 | AV Toekomst | AVT | 51"00 |
| 4 | ATLETIEK Zuid-West | AZW | 51"03 |
| 5 | CA BRABANT Wallon | CABW | 51"14 |
| 6 | R.EXCELSIOR Sc | RESC | 51"21 |
| 7 | Koninkl.atletiekafd.gent | KAAG | 51"27 |
| 8 | DARING CLUB LEUVEN Atl. | DCLA | 51"33 |
| 9 | OLSE MERKSEM Ac | OLSE | 51"36 |
| 10 | LYRA Ac | LYRA | 51"39 |

4 X 800 METER

| | | | |
|----|-------------------------|------|----------|
| 1 | DUFFEL Ac | DUFF | 09'30"85 |
| 2 | REGIO OOST-BRAB. Atl. | ROBA | 09'35"84 |
| 3 | ATL. VER. Roeselare | AVR | 09'42"92 |
| 4 | DARING CLUB LEUVEN Atl. | DCLA | 10'04"13 |
| 5 | RFC Liegeois | RFCL | 10'10"85 |
| 6 | AV Toekomst | AVT | 10'12"45 |
| 7 | AC DE Demer | ADD | 10'22"23 |
| 8 | VLIERZELE Sportief | VS | 10'29"41 |
| 9 | VILVOORDE Ac | VAC | 10'32"26 |
| 10 | SPORTING AC Neerpelt | SACN | 10'33"30 |

HOOGSPRINGEN

| | | | |
|---|---------------------|------|------|
| 1 | DEBAENE Julie | CRAC | 1m72 |
| 2 | VERCRUYSSSE Jesse | AVR | 1m66 |
| 2 | VANTHILLO Britt | ESAK | 1m66 |
| 4 | VAN HESSCHE Hanne | ASVO | 1m63 |
| 5 | LABEYE Wendy | HF | 1m61 |
| 5 | VAN DAMME Lissa | ACBR | 1m61 |
| 7 | GUSTIN Fanny | FCHA | 1m58 |
| 7 | SUBBOTINA Alissa | OSGA | 1m58 |
| 7 | VAN DEN BROECK Leen | LAT | 1m58 |
| 7 | VERMYL Doukje | AVT | 1m58 |

VERSPRINGEN

| | | | |
|----|--------------------------|------|------|
| 1 | VANNIEUWENHUYSE An | VS | 5m54 |
| 2 | VERMYL Doukje | AVT | 5m49 |
| 3 | LABEYE Wendy | HF | 5m43 |
| 4 | VAN DEN BERGHE Marjolein | VS | 5m37 |
| 5 | TORMANS Shana | VMOL | 5m32 |
| 6 | INGANGE Davina | OLSE | 5m25 |
| 6 | LOUREIRO Elsa | RFCL | 5m25 |
| 8 | VAN DEN BROECK Leen | LAT | 5m20 |
| 9 | SUBBOTINA Alissa | OSGA | 5m19 |
| 10 | VERCRUYSSSE Jesse | AVR | 5m18 |
| 10 | VANDENBERGHE Yentl | OB | 5m18 |
| 10 | VANPOUCKE Hanne | BEHO | 5m18 |

HINKSTAPSPRINGEN

| | | | |
|---|--------------------|------|-------|
| 1 | INGANGE Davina | OLSE | 11m44 |
| 2 | VANNIEUWENHUYSE An | VS | 11m31 |

| | | | |
|----|------------------------|------|-------|
| 3 | LAMBERT Geraldine | RCB | 11m18 |
| 4 | VERMYL Doukje | AVT | 11m17 |
| 5 | LOUREIRO Elsa | RFCL | 11m05 |
| 6 | EKUTSHU DIONGUE Meagan | RCB | 11m04 |
| 7 | AKUTSHU Maegan | RCB | 10m85 |
| 8 | LANNOO Lien | BEHO | 10m76 |
| 9 | PARIDAENS Lize | OEH | 10m64 |
| 10 | BOLLENGIER Sarah | LEBB | 10m55 |

POLSSTOKSPRINGEN

| | | | |
|----|--------------------------|------|------|
| 1 | VAN HOECKE Laura | ZELE | 3m14 |
| 2 | DE RYCK Aurelie | LYRA | 3m10 |
| 2 | DHONT Steffi | AVLO | 3m10 |
| 2 | VERCAUTEREN Anouk | ZELE | 3m10 |
| 5 | LANNOO Lien | BEHO | 3m07 |
| 6 | VAN MOORLEGHEM Charlotte | AVLO | 2m90 |
| 7 | VAN ROY Lore | DCLA | 2m85 |
| 7 | ANDRIES Nathalie | ROBA | 2m85 |
| 9 | DE WERGIFOSSE Marion | SMAC | 2m84 |
| 10 | DEVOGELAERE Silke | DCLA | 2m80 |

KOGELSTOTEN 3,000KG

| | | | |
|----|-----------------------|------|-------|
| 1 | DEMUYNCK Jasmijn | AVR | 14m17 |
| 2 | VAN AELST Freya | ROBA | 12m61 |
| 3 | AHMIDACH Sana | AT84 | 12m26 |
| 4 | VAN HAUWERMEIREN Nele | ZELE | 12m21 |
| 5 | GEVERS Tasja | VOLH | 12m09 |
| 6 | VERCRUYSSSE Jesse | AVR | 12m06 |
| 7 | VERRIJT Sarah | ROBA | 12m04 |
| 8 | AKMAN Gulsun | LOOI | 12m00 |
| 9 | JONGENELEN Mieke | VOLH | 11m49 |
| 10 | VERHOFSTADT Elissa | ROBA | 11m43 |

DISCUSWERPEN 1,000KG

| | | | |
|----|-----------------------|------|-------|
| 1 | GEVERS Tasja | VOLH | 37m49 |
| 2 | VENKEN Laura | AVT | 36m48 |
| 3 | JONGENELEN Mieke | VOLH | 35m50 |
| 4 | VANNESTE Steffi | KKS | 34m61 |
| 5 | VAN AELST Freya | ROBA | 32m85 |
| 6 | BOUHY Audrey | SPA | 31m76 |
| 7 | DEGRUGILLIER Virginie | MOHA | 31m35 |
| 8 | VERRIJT Sarah | ROBA | 30m60 |
| 9 | AKMAN Gulsun | LOOI | 30m31 |
| 10 | DANNAU Evy | OEH | 30m24 |

SPEERWERPEN 500G

| | | | |
|----|--------------------|------|-------|
| 1 | VERCRUYSSSE Jesse | AVR | 39m97 |
| 2 | VANLOMMEL Liesbeth | LYRA | 39m50 |
| 3 | VAN PUYVELDE Eva | SPBO | 38m66 |
| 4 | STROOBANT Annelies | VS | 38m56 |
| 4 | GEVERS Tasja | VOLH | 38m56 |
| 6 | VANNESTE Steffi | KKS | 38m15 |
| 7 | AKMAN Gulsun | LOOI | 37m96 |
| 8 | VANDENBERGHE Yentl | OB | 37m43 |
| 9 | LAURENT Celine | DAMP | 36m44 |
| 10 | VAN ROYEN Carolien | ACW | 36m17 |

HAMERSLINGEREN 3,000KG

| | | | |
|---|-----------------------|------|-------|
| 1 | DEGRUGILLIER Virginie | MOHA | 44m47 |
| 2 | VANNESTE Steffi | KKS | 43m31 |
| 3 | GEVERS Tasja | VOLH | 43m26 |
| 4 | LAURENT Sophie | DAMP | 35m36 |

| | | | |
|----|------------------|------|-------|
| 5 | SIMON Celine | SMAC | 35m22 |
| 6 | SPEETJENS Cammie | MOHA | 35m00 |
| 7 | AKMAN Gulsun | LOOI | 33m77 |
| 8 | VERKAIN Jasmien | AVMO | 33m44 |
| 9 | RAES Jolien | HAC | 30m59 |
| 10 | VANOPPEN Elien | ACA | 27m69 |

5KAMP

| | | | |
|----|---------------------|------|-----------|
| 1 | VERCRUYSSSE Jesse | AVR | 3.259 ptn |
| 2 | VANNIEUWENHUYSE An | VS | 2.960 ptn |
| 3 | LAURENT Celine | DAMP | 2.773 ptn |
| 4 | STROOBANT Annelies | VS | 2.721 ptn |
| 5 | VANPOUCKE Hanne | BEHO | 2.719 ptn |
| 6 | VERCAUTEREN Anouk | ZELE | 2.583 ptn |
| 7 | WUILLAUME Sandrine | RFCL | 2.512 ptn |
| 8 | VAN DEN BROECK Leen | LAT | 2.486 ptn |
| 9 | LAUWERS Nathalie | GENK | 2.451 ptn |
| 10 | PONDANT Laurie | SPA | 2.418 ptn |

ZESKAMP

| | | | |
|----|---------------------|------|-----------|
| 1 | VERCRUYSSSE Jesse | AVR | 4.112 ptn |
| 2 | VANDEBERGHE Yentl | OB | 4.035 ptn |
| 3 | LANNOO Lien | BEHO | 3.764 ptn |
| 4 | VERMYL Doukje | AVT | 3.730 ptn |
| 5 | LABEYE Wendy | HF | 3.706 ptn |
| 6 | VANTHILLO Britt | ESAK | 3.690 ptn |
| 7 | VAN DEN BROECK Leen | LAT | 3.684 ptn |
| 8 | VANLOMMEL Liesbeth | LYRA | 3.675 ptn |
| 9 | VANNIEUWENHUYSE An | VS | 3.663 ptn |
| 10 | VANPOUCKE Hanne | BEHO | 3.611 ptn |